

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Advanced Diploma in Hair Science & Clinical Practice

Executive Level



LAPT — London Academy of Professional Training

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Reference BE-HST-E • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

REFERENCE	BE-HST-E
AWARD	Certificate
ASSESSMENT	430 marks — 258 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1

Advanced Hair Trichology

5 chapters · 30 classes105 marks

• 1 The Biology of Hair: Structure and Growth Cycles — 6 classes

› 1.1 Understanding Hair Structure: Components and Layers

› 1.2 Exploring the Hair Growth Cycle: Anagen to Telogen

› 1.3 Analyzing Cellular Biology in Hair Development

› 1.4 Investigating Factors Influencing Hair Growth

› 1.5 Integrating Nutrition and Hormones in Hair Health

› 1.6 Applying Knowledge: Assessing Hair Health through Biological Indicators

• 2 Scalp Health and Dermatological Conditions — 6 classes

› 2.1 Analyze common scalp conditions and their causes

› 2.2 Explore the impact of nutrition on scalp health

› 2.3 Identify symptoms and treatments for dermatological conditions

› 2.4 Evaluate the role of hygiene in maintaining scalp health

› 2.5 Demonstrate scalp assessment techniques for effective diagnosis

› 2.6 Formulate individualized treatment plans for scalp disorders

• 3 Nutritional Influences and Hair Wellness — 6 classes

› 3.1 Identify Key Nutrients Essential for Hair Health

› 3.2 Analyze the Role of Vitamins and Minerals in Hair Growth

› 3.3 Evaluate Nutritional Deficiencies and Their Impact on Hair Wellness

› 3.4 Assess Dietary Patterns Linked to Hair Loss and Restoration

› 3.5 Design Customized Nutritional Plans for Hair Health

› 3.6 Implement Strategies for Educating Clients on Hair Nutrition

• 4 Advanced Diagnostic Techniques in Trichology — 6 classes

› 4.1 Analyze Hair Structure and Composition

› 4.2 Identify Common Scalp Conditions Through Visual Assessment

› 4.3 Apply Advanced Microscopy Techniques for Follicle Evaluation

› 4.4 Integrate Trichoscopy Findings with Patient History

› 4.5 Utilize Digital Imaging for Hair and Scalp Diagnostics

› 4.6 Develop Patient-Centered Treatment Plans Based on Diagnostics

• 5 Therapeutic Interventions and Clinical Treatments — 6 classes

› 5.1 Identify Various Therapeutic Interventions in Trichology

› 5.2 Evaluate Clinical Treatments for Common Scalp Disorders

› 5.3 Analyze the Impact of Nutrition on Hair Health

› 5.4 Explore Advanced Therapeutic Techniques in Hair Restoration

› 5.5 Design Personalized Treatment Plans for Hair Loss Patients

› 5.6 Implement Evidence-Based Practices in Clinical Trichology

• 1 Innovative Hair Care Technologies: An Overview of Emerging Tools and Techniques — 6 classes

- › 1.1 Explore Advanced Hair Analysis Tools for Personalized Care
- › 1.2 Analyze the Impact of Nanotechnology in Hair Treatment
- › 1.3 Investigate Biodegradable Hair Care Products and Their Benefits
- › 1.4 Examine the Role of Artificial Intelligence in Hair Diagnosis
- › 1.5 Evaluate Emerging Techniques in Scalp Health Management
- › 1.6 Implement Innovative Hair Care Solutions in Clinical Practice

• 2 Trichology 2.0: The Science of Hair Health and Modern Treatments — 6 classes

- › 2.1 Explore the Fundamentals of Trichology and Hair Health
- › 2.2 Investigate Common Hair Disorders and Their Causes
- › 2.3 Examine Modern Diagnostic Techniques in Trichology
- › 2.4 Analyze Innovative Treatments for Hair Loss and Thinning
- › 2.5 Evaluate Nutritional Influences on Hair Health and Growth
- › 2.6 Apply Evidence-Based Practices for Client Consultation in Trichology

• 3 Sustainable Practices in Hair Science: Eco-Friendly Innovations — 6 classes

- › 3.1 Explore Eco-Friendly Ingredients in Hair Products
- › 3.2 Assess the Impact of Sustainable Packaging Solutions
- › 3.3 Investigate Renewable Energy Sources for Hair Salons
- › 3.4 Implement Water Conservation Techniques in Hair Treatments
- › 3.5 Analyze Case Studies of Sustainable Salon Practices
- › 3.6 Create a Sustainable Business Plan for a Hair Salon

• 4 The Role of Genetics and Epigenetics in Hair Diversity and Styling — 6 classes

- › 4.1 Explore the Basics of Hair Genetics and Their Impact on Diversity
- › 4.2 Examine the Role of Epigenetics in Hair Growth and Styling
- › 4.3 Identify Genetic Markers Associated with Hair Texture Variations
- › 4.4 Analyze Case Studies on Genetic Influences in Hair Color Diversity
- › 4.5 Assess the Impact of Environmental Factors on Hair Epigenetics
- › 4.6 Develop Personalized Hair Care Recommendations Based on Genetic Insights

• 5 Future Trends in Hair Science: Looking Towards the Next Decade — 6 classes

- › 5.1 Analyze Current Innovations in Hair Science Technologies
- › 5.2 Explore the Impact of Genetics on Future Hair Treatments
- › 5.3 Investigate the Role of AI and Machine Learning in Hair Care
- › 5.4 Assess the Ethical Implications of Emerging Hair Treatments
- › 5.5 Develop Strategies for Implementing New Trends in Clinical Practice
- › 5.6 Create a Vision for the Future of Hair Science in Practice

• 1 Understanding Ethical Frameworks in Beauty Practices — 6 classes

- › 1.1 Explore Ethical Principles in Beauty Practices
- › 1.2 Identify Key Ethical Frameworks Affecting the Beauty Industry
- › 1.3 Assess the Impact of Consumer Choices on Sustainability
- › 1.4 Analyze Case Studies of Ethical Dilemmas in Beauty
- › 1.5 Develop Strategies for Ethical Decision-Making in Practice
- › 1.6 Create a Personal Action Plan for Sustainable Beauty Practices

• 2 Sustainability Standards in Hair Care Products — 6 classes

- › 2.1 Identify Key Sustainability Standards in Hair Care Products
- › 2.2 Analyze the Environmental Impact of Hair Care Ingredients
- › 2.3 Evaluate Certification Programs for Sustainable Hair Products
- › 2.4 Compare Conventional vs. Sustainable Hair Care Practices
- › 2.5 Develop a Sustainable Product Assessment Checklist
- › 2.6 Create a Sustainability Action Plan for Hair Care Brands

• 3 Ethical Consumerism in the Beauty Sector — 6 classes

- › 3.1 Define Ethical Consumerism in Beauty
- › 3.2 Identify Key Issues in the Beauty Supply Chain
- › 3.3 Investigate Sustainable Ingredients in Beauty Products
- › 3.4 Analyze the Impact of Ethical Branding on Consumer Choices
- › 3.5 Explore Case Studies of Ethical Beauty Brands
- › 3.6 Develop a Personal Ethical Beauty Buying Guide

• 4 Clinical Practice and Ethical Dilemmas in Trichology — 6 classes

- › 4.1 Identify Ethical Dilemmas in Trichology Practices
- › 4.2 Analyze Case Studies on Ethical Decision-Making in Beauty
- › 4.3 Evaluate the Impact of Sustainability on Trichology Services
- › 4.4 Develop Strategies for Ethical Client Consultation
- › 4.5 Integrate Sustainable Practices into Clinical Protocols
- › 4.6 Create a Professional Code of Ethics for Trichologists

• 5 Future Trends: Innovation and Ethics in Sustainable Beauty — 6 classes

- › 5.1 Explore Emerging Technologies in Sustainable Beauty
- › 5.2 Analyze Case Studies on Ethical Innovation in Hair Care
- › 5.3 Investigate Consumer Expectations for Sustainable Beauty Products
- › 5.4 Assess the Impact of Circular Economy on the Beauty Industry
- › 5.5 Develop a Sustainable Product Concept for the Future
- › 5.6 Formulate Action Plans for Implementing Ethical Practices in Beauty

• 1 Fundamentals of Hair Structure and Growth — 6 classes

- › 1.1 Explore the Anatomy of Hair: Structure and Composition
- › 1.2 Analyze Hair Follicle Functions and Growth Cycles
- › 1.3 Investigate Factors Affecting Hair Growth and Health
- › 1.4 Examine the Role of Genetics in Hair Characteristics
- › 1.5 Assess the Impact of Environmental Factors on Hair Quality
- › 1.6 Apply Knowledge of Hair Structure in Innovative Styling Techniques

• 2 Foundational Hair Styling Techniques — 6 classes

- › 2.1 Understand the Anatomy of Hair for Styling
- › 2.2 Explore Basic Hair Texture and Types
- › 2.3 Master Fundamental Hair Cutting Techniques
- › 2.4 Apply Essential Hair Setting Methods
- › 2.5 Experiment with Basic Curling Techniques
- › 2.6 Evaluate and Troubleshoot Styling Challenges

• 3 Exploring Advanced Hair Texturing and Coloring — 6 classes

- › 3.1 Analyze Hair Texture Types and Their Properties
- › 3.2 Explore Innovative Techniques for Texturizing Hair
- › 3.3 Investigate Advanced Coloring Methods for Diverse Hair Types
- › 3.4 Experiment with Color Theory in Hair Styling
- › 3.5 Apply Texturing and Coloring Techniques in a Practical Setting
- › 3.6 Evaluate Client Preferences and Hair Health for Customized Styling

• 4 Innovative Styling Tools and Technologies — 6 classes

- › 4.1 Explore Emerging Styling Tools in the Hair Industry
- › 4.2 Analyze the Impact of Technology on Hair Styling Techniques
- › 4.3 Demonstrate Safe Handling of Advanced Hair Styling Equipment
- › 4.4 Evaluate Innovative Techniques for Texture and Volume Enhancement
- › 4.5 Create Unique Hair Styles Using Digital Styling Applications
- › 4.6 Implement Client Consultations for Tailored Innovative Styling Solutions

• 5 Creative Problem Solving in Hair Styling — 6 classes

- › 5.1 Explore Common Hair Styling Challenges
- › 5.2 Analyze Creative Problem-Solving Techniques
- › 5.3 Brainstorm Solutions for Client-Specific Styles
- › 5.4 Develop Custom Styling Plans Using Innovative Techniques
- › 5.5 Implement Problem-Solving Strategies in Real-Life Scenarios
- › 5.6 Evaluate the Effectiveness of Various Styling Solutions

• 1 Fundamentals of Leadership in Clinical Hair Practice — 6 classes

- › 1.1 Define Key Leadership Concepts in Clinical Hair Practice
- › 1.2 Explore the Role of Effective Communication in Leadership
- › 1.3 Identify Leadership Styles Suitable for Clinical Settings
- › 1.4 Assess the Impact of Emotional Intelligence on Team Dynamics
- › 1.5 Develop Strategies for Conflict Resolution in Clinical Teams
- › 1.6 Create an Action Plan to Enhance Leadership Skills in Practice

• 2 Regulatory Frameworks and Ethical Considerations in Hair Science — 6 classes

- › 2.1 Understand the Key Regulatory Frameworks in Hair Science
- › 2.2 Analyze the Ethical Implications of Hair Science Practices
- › 2.3 Review Standards and Guidelines for Clinical Hair Practice
- › 2.4 Explore Patient Rights and Informed Consent in Hair Treatments
- › 2.5 Develop Strategies for Ethical Decision-Making in Clinical Practice
- › 2.6 Apply Regulatory Knowledge to Case Studies in Hair Science

• 3 Effective Communication Strategies for Clinical Leaders — 6 classes

- › 3.1 Identify Key Components of Effective Communication
- › 3.2 Explore Barriers to Communication in Clinical Settings
- › 3.3 Develop Active Listening Skills for Clinical Leadership
- › 3.4 Implement Non-Verbal Communication Techniques
- › 3.5 Utilize Feedback Loops for Improved Team Communication
- › 3.6 Create a Communication Strategy for Clinical Scenarios

• 4 Team Dynamics and Conflict Resolution in Hair Clinics — 6 classes

- › 4.1 Analyze the Importance of Team Dynamics in Hair Clinics
- › 4.2 Identify Common Sources of Conflict in Clinical Teams
- › 4.3 Explore Conflict Resolution Techniques for Effective Leadership
- › 4.4 Apply Communication Strategies to Enhance Team Collaboration
- › 4.5 Develop a Conflict Resolution Plan for Hair Clinic Scenarios
- › 4.6 Evaluate Team Performance and Conflict Resolution Outcomes

• 5 Innovative Leadership Practices and Future Trends in Hair Science — 6 classes

- › 5.1 Explore Innovative Leadership Styles in Hair Science
- › 5.2 Analyze Case Studies of Successful Clinical Leadership
- › 5.3 Implement Strategies for Effective Team Collaboration
- › 5.4 Evaluate Emerging Trends in Hair Science Practices
- › 5.5 Design a Vision for Future Leadership in Clinical Settings
- › 5.6 Create an Action Plan for Enhancing Leadership Skills

• 1 Understanding the Beauty Industry Landscape and Trends — 6 classes

- › 1.1 Analyze Current Trends in the Beauty Industry
- › 1.2 Identify Key Market Segments and Consumer Demographics
- › 1.3 Assess the Impact of Technological Innovations on Beauty Practices
- › 1.4 Evaluate Sustainability Practices within the Beauty Sector
- › 1.5 Investigate Competitive Strategies of Leading Beauty Brands
- › 1.6 Develop a Strategic Action Plan for a Beauty Business

• 2 Strategic Planning Frameworks in Hair Business Management — 6 classes

- › 2.1 Analyze Key Strategic Planning Frameworks for Hair Businesses
- › 2.2 Evaluate the Role of SWOT Analysis in Strategic Business Management
- › 2.3 Identify Market Trends Affecting Hair Business Strategies
- › 2.4 Develop SMART Objectives for Hair Business Growth
- › 2.5 Create a Competitive Analysis Using Porter's Five Forces
- › 2.6 Implement Strategic Action Plans to Enhance Business Performance

• 3 Financial Management and Budgeting for Salon Operations — 6 classes

- › 3.1 Understand Key Financial Terminology for Salon Operations
- › 3.2 Analyze Salon Revenue Streams and Profitability
- › 3.3 Create a Comprehensive Budget for Salon Operations
- › 3.4 Implement Cost Control Strategies in Salon Management
- › 3.5 Evaluate Financial Performance Using Key Performance Indicators
- › 3.6 Develop a Financial Forecast and Investment Plan for Future Growth

• 4 Marketing Strategies for Hair Services — 6 classes

- › 4.1 Analyze Target Market Segmentation for Hair Services
- › 4.2 Explore Branding Techniques for Hair Service Providers
- › 4.3 Develop Unique Selling Propositions for Hair Services
- › 4.4 Evaluate Digital Marketing Strategies for Hair Services
- › 4.5 Implement Customer Retention Techniques in Hair Business
- › 4.6 Create a Comprehensive Marketing Plan for Hair Services

• 5 Measuring Success: Key Performance Indicators in Hair Businesses — 6 classes

- › 5.1 Define Key Performance Indicators for Hair Businesses
- › 5.2 Identify Essential Financial KPIs in Hair Operations
- › 5.3 Analyze Customer Satisfaction Metrics in Hair Services
- › 5.4 Implement Operational KPIs for Salon Efficiency
- › 5.5 Evaluate the Impact of Marketing KPIs on Hair Business Growth
- › 5.6 Create a Comprehensive KPI Dashboard for Hair Business Success