

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Basic Manicure & Nail Art Trends

Workshop Level



LAPT — London Academy of Professional Training

Address 85 Great Portland Street, W1W 7LT, London, United Kingdom

Email info@lapt.org

Telephone +44 7513 283044

Web lapt.org

Reference BE-NAT-W • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

REFERENCE	BE-NAT-W
AWARD	Certificate
ASSESSMENT	440 marks — 264 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1 Current Nail Art Trends 3 chapters · 12 classes 65 marks	
• 1 Exploring Popular Nail Art Styles — 4 classes › 1.1 Discovering Classic Nail Art Techniques › 1.2 Mastering Modern Minimalist Designs › 1.3 Experimenting with Bold and Vibrant Patterns › 1.4 Creating Custom Seasonal Nail Art • 2 Techniques for Creating Trendy Textures and Patterns — 4 classes › 2.1 Exploring Popular Nail Textures › 2.2 Mastering Gradient and Ombre Effects › 2.3 Creating Intricate Pattern Designs › 2.4 Applying Texture and Pattern Techniques in Nail Art	• 3 Incorporating Seasonal and Event-specific Trends — 4 classes › 3.1 Exploring Micro-Trends for Spring and Summer Nails › 3.2 Mastering Occasion-based Nail Art Designs for Holidays › 3.3 Adapting Nail Art Techniques for Autumn and Winter Themes › 3.4 Applying Seasonal Nail Art to Client Consultations
2 Hygiene and Safety 3 chapters · 12 classes 65 marks	
• 1 Understanding Sanitation: Tools and Workstation Cleanliness — 4 classes › 1.1 Explore the Importance of Sanitation in Nail Care › 1.2 Identify and Categorize Sanitation Tools and Products › 1.3 Implement Steps for Sanitizing Manicure Tools Effectively › 1.4 Maintain a Clean and Safe Workstation Environment • 2 Best Practices in Personal Hygiene and Protection — 4 classes › 2.1 Understanding Personal Hygiene Requirements for Nail Technicians › 2.2 Implementing Hand Washing and Sanitation Techniques › 2.3 Selecting and Using Proper Protective Equipment › 2.4 Applying Best Practices for Client Safety and Comfort	• 3 Client and Environment Safety: Allergy Awareness and Risk Management — 4 classes › 3.1 Understanding Common Allergens in Manicure Products › 3.2 Identifying Client Allergy Symptoms and Responses › 3.3 Implementing Risk Management Strategies in the Salon Environment › 3.4 Applying Allergy Awareness to Client Consultations

3

Introduction to Manicure

3 chapters · 12 classes

90 marks

• 1 Fundamentals of Manicure Techniques — 4 classes

- › 1.1 Understanding Nail Anatomy for Manicures
- › 1.2 Selecting and Using Essential Manicure Tools
- › 1.3 Mastering Basic Manicure Techniques
- › 1.4 Incorporating Foundation Art Trends into Manicures

• 2 Nail Structure and Health Considerations — 4 classes

- › 2.1 Understanding Nail Anatomy
- › 2.2 Identifying Common Nail Conditions
- › 2.3 Exploring Healthy Nail Practices
- › 2.4 Applying Techniques for Nail Health Assessment

• 3 Basic Nail Art Patterns and Trends — 4 classes

- › 3.1 Exploring Popular Nail Art Patterns and Designs
- › 3.2 Understanding Color Theory in Nail Art
- › 3.3 Practicing Basic Nail Art Techniques
- › 3.4 Applying Trends in Your Nail Art Creations

4

Manicure Techniques

3 chapters · 12 classes

90 marks

• 1 Chapter 1 — Fundamentals of Manicure Techniques — 4 classes

- › 1.1 Understanding Nail Anatomy and Health
- › 1.2 Mastering Basic Manicure Tools and Hygiene Practices
- › 1.3 Applying Foundational Manicure Techniques
- › 1.4 Exploring Basic Nail Art Designs

• 2 Chapter 2 — Advanced Cuticle Care and Nail Shaping — 4 classes

- › 2.1 Identify Advanced Cuticle Structures
- › 2.2 Master Tools for Cuticle Maintenance
- › 2.3 Execute Precision Nail Shaping Techniques
- › 2.4 Integrate Cuticle Care and Nail Shaping into Manicure Artistry

• 3 Chapter 3 — Creative Designs in Nail Art — 4 classes

- › 3.1 Exploring the Basics of Nail Art Tools and Materials
- › 3.2 Mastering Simple Nail Art Techniques
- › 3.3 Designing Intricate Patterns with Layering and Stamping
- › 3.4 Applying Creative Designs to Elevate Client Styles

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Nail Art Fundamentals

3 chapters · 12 classes

65 marks

• 1 Chapter 1 — Basics of Nail Art: Tools and Techniques — 4 classes

- › 1.1 Identifying Essential Nail Art Tools
- › 1.2 Understanding Nail Art Techniques
- › 1.3 Practicing Basic Nail Art Designs
- › 1.4 Applying Fundamental Nail Art Skills

• 2 Chapter 2 — Intermediate Nail Art: Patterns and Textures — 4 classes

- › 2.1 Exploring Geometric Patterns in Nail Art
- › 2.2 Creating Textured Designs with Foils and Powders
- › 2.3 Mastering the Ombre Technique for Nails
- › 2.4 Applying Layered Stamping for Complex Designs

• 3 Chapter 3 — Advanced Nail Art Trends: Innovation and Customization — 4 classes

- › 3.1 Explore Cutting-Edge Nail Art Techniques
- › 3.2 Experiment with Innovative Nail Materials
- › 3.3 Customize Designs for Individual Client Preferences
- › 3.4 Apply Emerging Trends in Nail Art Personalization

6

Portfolio Development

3 chapters · 12 classes

65 marks

• 1 Chapter 1 — Foundations of Manicure Portfolio Creation — 4 classes

- › 1.1 Exploring the Essentials of Manicure Portfolio Creation
- › 1.2 Identifying Key Components for a Compelling Portfolio
- › 1.3 Showcasing Individual Style with Creative Nail Art
- › 1.4 Organizing and Presenting Your Manicure Portfolio

• 2 Chapter 2 — Showcasing Nail Art Techniques — 4 classes

- › 2.1 Exploring Popular Nail Art Techniques
- › 2.2 Mastering Brushwork for Intricate Designs
- › 2.3 Creating Stunning Gradient Effects
- › 2.4 Designing Complex Patterns with Stencils

• 3 Chapter 3 — Personal Branding and Digital Presentation — 4 classes

- › 3.1 Understanding Personal Branding in the Beauty Industry
- › 3.2 Crafting Your Unique Nail Art Narrative
- › 3.3 Designing a Professional Online Portfolio for Nail Artists
- › 3.4 Enhancing Visibility Through Social Media and Digital Networks

