

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Certificate in Professional Nail Technology

Foundation Level



LAPT — London Academy of Professional Training

Address 85 Great Portland Street, W1W 7LT, London, United Kingdom

Email info@lapt.org

Telephone +44 7513 283044

Web lapt.org

Reference BE-NAT-F • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

REFERENCE	BE-NAT-F
AWARD	Certificate
ASSESSMENT	440 marks — 264 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1 Client Consultation and Recommendations 4 chapters · 20 classes65 marks	• 1 Understanding Client Needs and Preferences — 5 classes › 1.1 Recognizing Diverse Client Needs › 1.2 Identifying Personal Style Preferences › 1.3 Conducting Effective Client Consultations › 1.4 Analyzing Client Feedback and Responses › 1.5 Tailoring Recommendations for Optimal Results • 2 Conducting Professional Client Consultations — 5 classes › 2.1 Understanding the Importance of Client Consultations › 2.2 Identifying Client Needs and Preferences › 2.3 Conducting Effective Client Interviews › 2.4 Utilizing Consultation Tools and Techniques › 2.5 Providing Tailored Product and Service Recommendations • 3 Customizing Nail Service Recommendations — 5 classes › 3.1 Understanding Client Needs through Effective Consultation › 3.2 Identifying Nail Concerns and Preferences › 3.3 Analyzing Nail Health for Tailored Service Options › 3.4 Recommending Nail Treatments Based on Client Lifestyle › 3.5 Communicating Recommended Service Plans Effectively • 4 Addressing Client Concerns and Expectations — 5 classes › 4.1 Understanding Client Concerns: Common Issues and How to Identify Them › 4.2 Communicating Effectively: Building Trust and Understanding Expectations › 4.3 Conducting a Thorough Client Consultation › 4.4 Offering Personalized Recommendations › 4.5 Managing Client Expectations: Tips for Successful Outcomes
2 Introduction to Nail Technology 4 chapters · 20 classes90 marks	• 1 Nail Anatomy and Physiology — 5 classes › 1.1 Understanding Nail Structure: From Matrix to Free Edge › 1.2 Exploring Nail Bed and Plate Functions › 1.3 Identifying Common Nail Shapes and Variations › 1.4 Examining Keratin: The Building Block of Nails › 1.5 Recognising Signs of Healthy vs. Damaged Nails • 2 Sanitation and Safety in Nail Technology — 5 classes › 2.1 Understanding the Importance of Sanitation in Nail Technology › 2.2 Identifying Common Germs and Pathogens in Nail Salons › 2.3 Learning Effective Handwashing and Tool Sterilization Techniques › 2.4 Implementing Safe Practices to Prevent Cross-Contamination › 2.5 Evaluating and Adhering to Safety Regulations in Nail Services • 3 Basic Nail Care Techniques — 5 classes › 3.1 Understanding the Structure and Function of Nails › 3.2 Practicing Basic Nail Cleaning and Shaping Techniques › 3.3 Exploring Tools and Equipment for Nail Care › 3.4 Mastering Cuticle Care and Hydration Methods › 3.5 Applying Nail Polish: Techniques and Best Practices • 4 Introduction to Nail Art and Design — 5 classes › 4.1 Understanding the Basics of Nail Art › 4.2 Exploring Different Nail Design Tools and Materials › 4.3 Mastering Basic Nail Art Techniques › 4.4 Experimenting with Color Combinations and Patterns › 4.5 Creating Custom Nail Designs

3

Nail Art Techniques

4 chapters · 20 classes

90 marks

• 1 Fundamentals of Nail Art Tools and Materials — 5 classes

- › 1.1 Identifying Essential Nail Art Tools
- › 1.2 Understanding Nail Art Materials and Their Uses
- › 1.3 Selecting the Right Brushes for Nail Art
- › 1.4 Exploring Various Nail Art Brushes and Their Effects
- › 1.5 Caring for and Maintaining Nail Art Equipment

• 2 Basic Nail Art Techniques and Styles — 5 classes

- › 2.1 Understanding Nail Art Tools and Their Uses
- › 2.2 Mastering Basic Color Theory for Nail Art
- › 2.3 Practicing Simple Line and Dot Designs
- › 2.4 Creating Gradient and Ombre Effects
- › 2.5 Applying Decorative Elements Safely

• 3 Intermediate Designs: Patterns and Textures — 5 classes

- › 3.1 Explore Pattern Fundamentals in Nail Art
- › 3.2 Master Techniques for Floral Nail Designs
- › 3.3 Create Geometric Patterns with Precision
- › 3.4 Apply Textures to Enhance Nail Art Designs
- › 3.5 Integrate Patterns and Textures for Complex Looks

• 4 Advanced Nail Art Applications and Trends — 5 classes

- › 4.1 Exploring Current Trends in Nail Art Design
- › 4.2 Mastering Layering Techniques with Gel Polish
- › 4.3 Creating Intricate Nail Art with Stamping Tools
- › 4.4 Incorporating Textured Effects in Nail Art
- › 4.5 Customizing Nail Art with Freehand Detailing

4

Nail Care and Hygiene

4 chapters · 20 classes

65 marks

• 1 Basic Principles of Nail Hygiene and Anatomy — 5 classes

- › 1.1 Understanding Nail Anatomy: Structure and Function
- › 1.2 Exploring the Importance of Nail Hygiene
- › 1.3 Identifying Common Nail Hygiene Practices
- › 1.4 Applying Proper Techniques for Nail Cleaning
- › 1.5 Recognizing Signs of Healthy and Unhealthy Nails

• 2 Tools and Techniques for Nail Care — 5 classes

- › 2.1 Understanding Essential Nail Care Tools
- › 2.2 Identifying and Maintaining Nail Hygiene Supplies
- › 2.3 Mastering Basic Nail Filing Techniques
- › 2.4 Applying Safe Nail Trimming Practices
- › 2.5 Implementing Effective Cuticle Care Methods

• 3 Sanitization Practices in Nail Technology — 5 classes

- › 3.1 Understanding the Importance of Sanitization in Nail Technology
- › 3.2 Identifying Common Pathogens and Risks in Nail Care Settings
- › 3.3 Demonstrating Effective Handwashing Techniques for Nail Technicians
- › 3.4 Selecting and Using Proper Sanitization Products and Tools
- › 3.5 Implementing Daily Sanitization Protocols in a Nail Salon

• 4 Identifying and Managing Nail Disorders — 5 classes

- › 4.1 Recognising Common Nail Disorders
- › 4.2 Understanding Causes of Nail Disorders
- › 4.3 Analyzing Symptoms of Nail Disorders
- › 4.4 Implementing Basic Treatment Plans for Nail Disorders
- › 4.5 Preventing Nail Disorders through Proper Hygiene

5

Nail Disorders and Diseases

4 chapters · 20 classes

65 marks

• 1 Understanding Nail Anatomy and Physiology — 5 classes

- › 1.1 Exploring Nail Structure and Function
- › 1.2 Identifying Major Components of the Nail Unit
- › 1.3 Understanding Nail Growth and Regeneration
- › 1.4 Recognizing Common Nail Disorders
- › 1.5 Preventing and Managing Nail Diseases

• 2 Common Nail Disorders and Their Causes — 5 classes

- › 2.1 Identifying Common Nail Disorders
- › 2.2 Understanding the Causes of Nail Disorders
- › 2.3 Recognizing Symptoms of Nail Diseases
- › 2.4 Differentiating Between Nail Disorders and Diseases
- › 2.5 Applying Knowledge to Real-world Scenarios

• 3 Identification and Management of Nail Diseases — 5 classes

- › 3.1 Understanding Nail Anatomy and Its Role in Disease Identification
- › 3.2 Recognizing Common Nail Disorders and Their Symptoms
- › 3.3 Differentiating Between Nail Infections and Structural Abnormalities
- › 3.4 Exploring Diagnostic Techniques for Nail Diseases
- › 3.5 Implementing Management Strategies for Nail Health

• 4 Preventative Care and Professional Ethics in Nail Technology — 5 classes

- › 4.1 Understanding Common Nail Disorders
- › 4.2 Identifying Causes and Symptoms of Nail Diseases
- › 4.3 Implementing Preventative Measures in Nail Care
- › 4.4 Practicing Hygienic Techniques in Nail Technology
- › 4.5 Applying Professional Ethics in Nail Services

• 1 Understanding Nail Tools and Equipment — 5 classes

- › 1.1 Identifying Essential Nail Tools for Beginners
- › 1.2 Understanding the Purpose and Function of Each Tool
- › 1.3 Mastering the Safe Handling and Maintenance of Nail Equipment
- › 1.4 Demonstrating Basic Techniques with Common Nail Tools
- › 1.5 Exploring Advanced Equipment for Professional Nail Art

• 2 Sanitation and Maintenance of Nail Equipment — 5 classes

- › 2.1 Understanding the Importance of Sanitation in Nail Technology
- › 2.2 Identifying Types of Nail Equipment and Their Functions
- › 2.3 Demonstrating Proper Cleaning Techniques for Nail Tools
- › 2.4 Exploring Disinfection Methods to Ensure Client Safety
- › 2.5 Implementing a Routine Maintenance Schedule for Nail Equipment

• 3 Advanced Usage Techniques for Nail Art Tools — 5 classes

- › 3.1 Mastering the Use of Nail Brushes
- › 3.2 Precision Techniques with Dotting Tools
- › 3.3 Exploring Textures with Sponges and Stamps
- › 3.4 Creating Intricate Designs with Striping Tape
- › 3.5 Combining Tools for Advanced Nail Art Effects

• 4 Troubleshooting and Problem-Solving with Nail Equipment — 5 classes

- › 4.1 Identifying Common Nail Equipment Issues
- › 4.2 Diagnosing Malfunctions in Electric Nail Drills
- › 4.3 Resolving Power and Performance Issues
- › 4.4 Techniques for Maintaining Nail Tools
- › 4.5 Implementing Preventative Maintenance Strategies