

# LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

## Certificate in Professional Nail Technology

*Foundation Level*



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### LAPT — London Academy of Professional Training

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**Reference** BE-NAT-F • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

|               |                                                |
|---------------|------------------------------------------------|
| REFERENCE     | BE-NAT-F                                       |
| AWARD         | Certificate                                    |
| ASSESSMENT    | 440 marks — 264 to pass (60%)                  |
| PREREQUISITES | None                                           |
| VALIDITY      | Lifetime                                       |
| AWARDING BODY | LAPT — London Academy of Professional Training |

CURRICULUM

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| <div><div>1</div><div>Client Consultation and Recommendations</div><div>4 chapters · 20 classes 65 marks</div></div> <div><div><div>• 1 Understanding Client Needs and Preferences — 5 classes</div><div><div>› 1.1 Recognizing Diverse Client Needs</div><div>› 1.2 Identifying Personal Style Preferences</div><div>› 1.3 Conducting Effective Client Consultations</div><div>› 1.4 Analyzing Client Feedback and Responses</div><div>› 1.5 Tailoring Recommendations for Optimal Results</div></div></div><div><div>• 2 Conducting Professional Client Consultations — 5 classes</div><div><div>› 2.1 Understanding the Importance of Client Consultations</div><div>› 2.2 Identifying Client Needs and Preferences</div><div>› 2.3 Conducting Effective Client Interviews</div><div>› 2.4 Utilizing Consultation Tools and Techniques</div><div>› 2.5 Providing Tailored Product and Service Recommendations</div></div></div><div><div>• 3 Customizing Nail Service Recommendations — 5 classes</div><div><div>› 3.1 Understanding Client Needs through Effective Consultation</div><div>› 3.2 Identifying Nail Concerns and Preferences</div><div>› 3.3 Analyzing Nail Health for Tailored Service Options</div><div>› 3.4 Recommending Nail Treatments Based on Client Lifestyle</div><div>› 3.5 Communicating Recommended Service Plans Effectively</div></div></div><div><div>• 4 Addressing Client Concerns and Expectations — 5 classes</div><div><div>› 4.1 Understanding Client Concerns: Common Issues and How to Identify Them</div><div>› 4.2 Communicating Effectively: Building Trust and Understanding Expectations</div><div>› 4.3 Conducting a Thorough Client Consultation</div><div>› 4.4 Offering Personalized Recommendations</div><div>› 4.5 Managing Client Expectations: Tips for Successful Outcomes</div></div></div></div> | <div><div>2</div><div>Introduction to Nail Technology</div><div>4 chapters · 20 classes 90 marks</div></div> <div><div><div>• 1 Nail Anatomy and Physiology — 5 classes</div><div><div>› 1.1 Understanding Nail Structure: From Matrix to Free Edge</div><div>› 1.2 Exploring Nail Bed and Plate Functions</div><div>› 1.3 Identifying Common Nail Shapes and Variations</div><div>› 1.4 Examining Keratin: The Building Block of Nails</div><div>› 1.5 Recognising Signs of Healthy vs. Damaged Nails</div></div></div><div><div>• 2 Sanitation and Safety in Nail Technology — 5 classes</div><div><div>› 2.1 Understanding the Importance of Sanitation in Nail Technology</div><div>› 2.2 Identifying Common Germs and Pathogens in Nail Salons</div><div>› 2.3 Learning Effective Handwashing and Tool Sterilization Techniques</div><div>› 2.4 Implementing Safe Practices to Prevent Cross-Contamination</div><div>› 2.5 Evaluating and Adhering to Safety Regulations in Nail Services</div></div></div><div><div>• 3 Basic Nail Care Techniques — 5 classes</div><div><div>› 3.1 Understanding the Structure and Function of Nails</div><div>› 3.2 Practicing Basic Nail Cleaning and Shaping Techniques</div><div>› 3.3 Exploring Tools and Equipment for Nail Care</div><div>› 3.4 Mastering Cuticle Care and Hydration Methods</div><div>› 3.5 Applying Nail Polish: Techniques and Best Practices</div></div></div><div><div>• 4 Introduction to Nail Art and Design — 5 classes</div><div><div>› 4.1 Understanding the Basics of Nail Art</div><div>› 4.2 Exploring Different Nail Design Tools and Materials</div><div>› 4.3 Mastering Basic Nail Art Techniques</div><div>› 4.4 Experimenting with Color Combinations and Patterns</div><div>› 4.5 Creating Custom Nail Designs</div></div></div></div> |
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3

## Nail Art Techniques

4 chapters · 20 classes

90 marks

### • 1 Fundamentals of Nail Art Tools and Materials — 5 classes

- › 1.1 Identifying Essential Nail Art Tools
- › 1.2 Understanding Nail Art Materials and Their Uses
- › 1.3 Selecting the Right Brushes for Nail Art
- › 1.4 Exploring Various Nail Art Brushes and Their Effects
- › 1.5 Caring for and Maintaining Nail Art Equipment

### • 2 Basic Nail Art Techniques and Styles — 5 classes

- › 2.1 Understanding Nail Art Tools and Their Uses
- › 2.2 Mastering Basic Color Theory for Nail Art
- › 2.3 Practicing Simple Line and Dot Designs
- › 2.4 Creating Gradient and Ombre Effects
- › 2.5 Applying Decorative Elements Safely

### • 3 Intermediate Designs: Patterns and Textures — 5 classes

- › 3.1 Explore Pattern Fundamentals in Nail Art
- › 3.2 Master Techniques for Floral Nail Designs
- › 3.3 Create Geometric Patterns with Precision
- › 3.4 Apply Textures to Enhance Nail Art Designs
- › 3.5 Integrate Patterns and Textures for Complex Looks

### • 4 Advanced Nail Art Applications and Trends — 5 classes

- › 4.1 Exploring Current Trends in Nail Art Design
- › 4.2 Mastering Layering Techniques with Gel Polish
- › 4.3 Creating Intricate Nail Art with Stamping Tools
- › 4.4 Incorporating Textured Effects in Nail Art
- › 4.5 Customizing Nail Art with Freehand Detailing

4

## Nail Care and Hygiene

4 chapters · 20 classes

65 marks

### • 1 Basic Principles of Nail Hygiene and Anatomy — 5 classes

- › 1.1 Understanding Nail Anatomy: Structure and Function
- › 1.2 Exploring the Importance of Nail Hygiene
- › 1.3 Identifying Common Nail Hygiene Practices
- › 1.4 Applying Proper Techniques for Nail Cleaning
- › 1.5 Recognizing Signs of Healthy and Unhealthy Nails

### • 2 Tools and Techniques for Nail Care — 5 classes

- › 2.1 Understanding Essential Nail Care Tools
- › 2.2 Identifying and Maintaining Nail Hygiene Supplies
- › 2.3 Mastering Basic Nail Filing Techniques
- › 2.4 Applying Safe Nail Trimming Practices
- › 2.5 Implementing Effective Cuticle Care Methods

### • 3 Sanitization Practices in Nail Technology — 5 classes

- › 3.1 Understanding the Importance of Sanitization in Nail Technology
- › 3.2 Identifying Common Pathogens and Risks in Nail Care Settings
- › 3.3 Demonstrating Effective Handwashing Techniques for Nail Technicians
- › 3.4 Selecting and Using Proper Sanitization Products and Tools
- › 3.5 Implementing Daily Sanitization Protocols in a Nail Salon

### • 4 Identifying and Managing Nail Disorders — 5 classes

- › 4.1 Recognising Common Nail Disorders
- › 4.2 Understanding Causes of Nail Disorders
- › 4.3 Analyzing Symptoms of Nail Disorders
- › 4.4 Implementing Basic Treatment Plans for Nail Disorders
- › 4.5 Preventing Nail Disorders through Proper Hygiene

5

## Nail Disorders and Diseases

4 chapters · 20 classes

65 marks

### • 1 Understanding Nail Anatomy and Physiology — 5 classes

- › 1.1 Exploring Nail Structure and Function
- › 1.2 Identifying Major Components of the Nail Unit
- › 1.3 Understanding Nail Growth and Regeneration
- › 1.4 Recognizing Common Nail Disorders
- › 1.5 Preventing and Managing Nail Diseases

### • 2 Common Nail Disorders and Their Causes — 5 classes

- › 2.1 Identifying Common Nail Disorders
- › 2.2 Understanding the Causes of Nail Disorders
- › 2.3 Recognizing Symptoms of Nail Diseases
- › 2.4 Differentiating Between Nail Disorders and Diseases
- › 2.5 Applying Knowledge to Real-world Scenarios

### • 3 Identification and Management of Nail Diseases — 5 classes

- › 3.1 Understanding Nail Anatomy and Its Role in Disease Identification
- › 3.2 Recognizing Common Nail Disorders and Their Symptoms
- › 3.3 Differentiating Between Nail Infections and Structural Abnormalities
- › 3.4 Exploring Diagnostic Techniques for Nail Diseases
- › 3.5 Implementing Management Strategies for Nail Health

### • 4 Preventative Care and Professional Ethics in Nail Technology — 5 classes

- › 4.1 Understanding Common Nail Disorders
- › 4.2 Identifying Causes and Symptoms of Nail Diseases
- › 4.3 Implementing Preventative Measures in Nail Care
- › 4.4 Practicing Hygienic Techniques in Nail Technology
- › 4.5 Applying Professional Ethics in Nail Services

**• 1 Understanding Nail Tools and Equipment** — 5 classes

- › 1.1 Identifying Essential Nail Tools for Beginners
- › 1.2 Understanding the Purpose and Function of Each Tool
- › 1.3 Mastering the Safe Handling and Maintenance of Nail Equipment
- › 1.4 Demonstrating Basic Techniques with Common Nail Tools
- › 1.5 Exploring Advanced Equipment for Professional Nail Art

**• 2 Sanitation and Maintenance of Nail Equipment** — 5 classes

- › 2.1 Understanding the Importance of Sanitation in Nail Technology
- › 2.2 Identifying Types of Nail Equipment and Their Functions
- › 2.3 Demonstrating Proper Cleaning Techniques for Nail Tools
- › 2.4 Exploring Disinfection Methods to Ensure Client Safety
- › 2.5 Implementing a Routine Maintenance Schedule for Nail Equipment

**• 3 Advanced Usage Techniques for Nail Art Tools** — 5 classes

- › 3.1 Mastering the Use of Nail Brushes
- › 3.2 Precision Techniques with Dotting Tools
- › 3.3 Exploring Textures with Sponges and Stamps
- › 3.4 Creating Intricate Designs with Striping Tape
- › 3.5 Combining Tools for Advanced Nail Art Effects

**• 4 Troubleshooting and Problem-Solving with Nail Equipment** — 5 classes

- › 4.1 Identifying Common Nail Equipment Issues
- › 4.2 Diagnosing Malfunctions in Electric Nail Drills
- › 4.3 Resolving Power and Performance Issues
- › 4.4 Techniques for Maintaining Nail Tools
- › 4.5 Implementing Preventative Maintenance Strategies