

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Certificate in Beauty Enhancement Techniques

Foundation Level



LAPT — London Academy of Professional Training

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Reference LAPT-ADS-F01 • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

ABOUT THIS CERTIFICATION

Entry-level qualification providing the foundational knowledge and practical skills to begin a professional career in beauty enhancement. Covers skin anatomy, hygiene protocols, cosmetic product science, and core enhancement techniques.

AT A GLANCE

REFERENCE	LAPT-ADS-F01
AWARD	Certificate
DURATION	200 guided learning hours • 3 months
ASSESSMENT	275 marks — 165 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1 Client Consultation and Record-Keeping 4 chapters · 20 classes55 marks • 1 Understanding Client Consultation Fundamentals — 5 classes › 1.1 Exploring the Importance of Client Consultations › 1.2 Analyzing Client Needs and Expectations › 1.3 Mastering Effective Communication Techniques › 1.4 Implementing Active Listening Skills › 1.5 Maintaining Accurate and Confidential Client Records • 2 Conducting Comprehensive Beauty Assessments — 5 classes › 2.1 Understanding Client Needs: Initial Consultation Techniques › 2.2 Building Rapport: Communicating Effectively with Clients › 2.3 Creating Comprehensive Client Profiles: Essential Record-Keeping Practices › 2.4 Identifying Skin Types and Conditions: A Guide to Analysis › 2.5 Tailoring Services: Developing Personalized Beauty Enhancement Plans • 3 Documenting Client Information and Consent — 5 classes › 3.1 Understanding Client Information Requirements › 3.2 Communicating Effectively During Client Consultations › 3.3 Gathering Comprehensive Client Data › 3.4 Securing Informed Consent from Clients › 3.5 Maintaining Accurate and Confidential Client Records • 4 Maintaining and Securing Client Records — 5 classes › 4.1 Understanding the Importance of Client Record Maintenance › 4.2 Identifying Essential Information for Client Records › 4.3 Implementing Effective Client Data Security Measures › 4.4 Navigating Legal and Ethical Responsibilities in Record-Keeping › 4.5 Practising Secure Record Maintenance Techniques	2 Cosmetic Product Science 4 chapters · 20 classes30 marks • 1 Understanding the Basics of Cosmetic Ingredients — 5 classes › 1.1 Exploring the Role of Ingredients in Cosmetics › 1.2 Identifying Common Cosmetic Ingredients › 1.3 Understanding the Functionality of Active Ingredients › 1.4 Analyzing the Safety and Efficacy of Ingredients › 1.5 Evaluating Ingredient Labels and Marketable Claims • 2 Formulation Techniques and Product Stability — 5 classes › 2.1 Understanding the Basics of Cosmetic Formulation › 2.2 Identifying Key Ingredients in Cosmetic Products › 2.3 Analyzing Stability Factors in Cosmetic Formulations › 2.4 Evaluating Emulsification Techniques for Product Stability › 2.5 Applying Preservation Methods to Enhance Product Shelf Life • 3 Safety Assessment and Regulatory Compliance — 5 classes › 3.1 Understanding Cosmetic Safety Standards › 3.2 Identifying Potential Hazards in Cosmetics › 3.3 Exploring Regulatory Bodies and Their Roles › 3.4 Conducting a Cosmetic Safety Assessment › 3.5 Implementing Compliance Strategies in Product Development • 4 Innovation in Cosmetic Science: Trends and Technologies — 5 classes › 4.1 Understanding the Latest Trends in Cosmetic Science › 4.2 Exploring Breakthrough Technologies in Skincare › 4.3 Evaluating the Impact of Innovation on Cosmetic Formulations › 4.4 Analyzing Sustainability in Cosmetic Product Development › 4.5 Applying Emerging Technologies to Cosmetic Innovations
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3

Ethical Practice Standards

4 chapters · 20 classes

30 marks

• 1 Fundamentals of Ethical Practices in Beauty — 5 classes

- › 1.1 Understanding Ethical Principles in Beauty
- › 1.2 Recognizing Ethical Dilemmas in Beauty Practices
- › 1.3 Applying Professional Codes of Conduct
- › 1.4 Navigating Client Confidentiality and Trust
- › 1.5 Ethical Decision-Making in Real-World Scenarios

• 2 Ethical Considerations in Client Interactions — 5 classes

- › 2.1 Understanding Ethical Principles in Client Relations
- › 2.2 Identifying and Respecting Client Boundaries
- › 2.3 Navigating Confidentiality and Privacy Concerns
- › 2.4 Implementing Ethical Decision-Making Strategies
- › 2.5 Applying Ethical Practices in Real-world Scenarios

• 3 Navigating Professional Boundaries and Conflicts — 5 classes

- › 3.1 Understanding Professional Boundaries
- › 3.2 Identifying Potential Conflicts of Interest
- › 3.3 Recognizing and Respecting Client Privacy
- › 3.4 Strategies for Managing Boundary Challenges
- › 3.5 Implementing Ethical Decision-Making in Practice

• 4 Implementing Ethical Standards in Business Operations — 5 classes

- › 4.1 Understanding the Importance of Ethical Standards in Beauty Businesses
- › 4.2 Identifying Common Ethical Dilemmas in Beauty Industry Operations
- › 4.3 Analyzing the Impact of Unethical Practices on Business Reputation
- › 4.4 Developing a Code of Conduct for Beauty Business Professionals
- › 4.5 Implementing and Upholding Ethical Practices in Daily Operations

4

Foundational Facial Techniques

4 chapters · 20 classes

65 marks

• 1 Understanding Skin Types and Conditions — 5 classes

- › 1.1 Identifying Different Skin Types
- › 1.2 Analyzing Common Skin Conditions
- › 1.3 Exploring the Causes of Skin Conditions
- › 1.4 Assessing Skin Type and Condition Compatibility
- › 1.5 Selecting Appropriate Products for Skin Needs

• 2 Basic Facial Techniques and Tools — 5 classes

- › 2.1 Understanding Skin Types and Conditions
- › 2.2 Identifying and Preparing Facial Tools
- › 2.3 Demonstrating Basic Cleansing Techniques
- › 2.4 Applying Effective Exfoliation Methods
- › 2.5 Practicing Relaxation and Massage Movements

• 3 Facial Massage and Lymphatic Drainage — 5 classes

- › 3.1 Understanding Facial Anatomy for Massage
- › 3.2 Mastering Basic Facial Massage Techniques
- › 3.3 Exploring the Benefits of Lymphatic Drainage
- › 3.4 Practicing Techniques for Lymphatic Stimulation
- › 3.5 Evaluating the Effects of Facial Massage

• 4 Introduction to Facial Treatments and Products — 5 classes

- › 4.1 Understanding the Basics of Facial Treatments
- › 4.2 Identifying and Analyzing Skin Types
- › 4.3 Exploring Common Facial Products and Their Uses
- › 4.4 Selecting Suitable Products for Different Skin Concerns
- › 4.5 Applying Foundational Facial Techniques Step-by-Step

5

Salon Hygiene and COSHH

4 chapters · 20 classes

40 marks

• 1 Principles of Salon Hygiene — 5 classes

- › 1.1 Understanding Salon Hygiene Essentials
- › 1.2 Identifying Common Salon Hygiene Risks
- › 1.3 Exploring COSHH Regulations in Salons
- › 1.4 Implementing Effective Cleaning Protocols
- › 1.5 Applying Hygiene Techniques in Daily Salon Operations

• 2 Understanding COSHH Regulations — 5 classes

- › 2.1 Identifying Hazardous Substances in the Salon
- › 2.2 Interpreting COSHH Symbols and Labels
- › 2.3 Conducting a COSHH Risk Assessment
- › 2.4 Implementing COSHH Safety Measures
- › 2.5 Maintaining Compliance with COSHH Regulations

• 3 Implementing Safe Handling Procedures — 5 classes

- › 3.1 Understanding COSHH Regulations in the Salon
- › 3.2 Identifying Hazardous Substances in Beauty Products
- › 3.3 Applying Safe Handling Techniques for Salon Equipment
- › 3.4 Demonstrating Proper Storage Methods for Chemicals
- › 3.5 Conducting Risk Assessments for Health and Safety Compliance

• 4 Advanced Hygiene and Safety Practices — 5 classes

- › 4.1 Understanding the Importance of Salon Hygiene
- › 4.2 Identifying and Managing Common Hazards
- › 4.3 Implementing Effective Sanitization Protocols
- › 4.4 Exploring COSHH Regulations for Safe Practices
- › 4.5 Applying Advanced Safety Measures in Salon Environments

• 1 Basic Skin Anatomy and Physiology — 5 classes

- › 1.1 Exploring the Layers of the Skin
- › 1.2 Understanding Skin Function and Processes
- › 1.3 Identifying Skin Types and Characteristics
- › 1.4 Analyzing Common Skin Conditions
- › 1.5 Applying Basic Skin Care Techniques

• 2 Skin Types and Characteristics — 5 classes

- › 2.1 Explore: Identifying Basic Skin Types
- › 2.2 Understand: Characteristics of Normal and Dry Skin
- › 2.3 Analyze: Features of Oily and Combination Skin
- › 2.4 Examine: Sensitivity and Skin Reactivity
- › 2.5 Apply: Recognizing Skin Type in Practical Scenarios

• 3 Common Skin Conditions and Disorders — 5 classes

- › 3.1 Identifying Common Skin Conditions
- › 3.2 Understanding Causes of Skin Disorders
- › 3.3 Recognizing Symptoms and Signs
- › 3.4 Differentiating Between Skin Disorders
- › 3.5 Applying Treatment and Management Techniques

• 4 Introduction to Dermatological Treatments — 5 classes

- › 4.1 Understanding Skin Anatomy: The Basics
- › 4.2 Identifying Common Skin Conditions
- › 4.3 Exploring Dermatological Treatments: An Overview
- › 4.4 Differentiating Dermatological Treatment Approaches
- › 4.5 Applying Skin Treatment Techniques Safely