

# LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

## ISO 45001 — Occupational Health and Safety in Care

*ISO Certification Programme*



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### LAPT — London Academy of Professional Training

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**Reference** HL-CSR-45001 • ISO Health

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AT A GLANCE

|               |                                                |
|---------------|------------------------------------------------|
| REFERENCE     | HL-CSR-45001                                   |
| AWARD         | Certificate                                    |
| ASSESSMENT    | 430 marks — 258 to pass (60%)                  |
| PREREQUISITES | None                                           |
| VALIDITY      | Lifetime                                       |
| AWARDING BODY | LAPT — London Academy of Professional Training |

CURRICULUM

1

Compliance and Regulatory Framework

5 chapters · 42 classes 45 marks

• 1 Understanding ISO 45001 Standards and Principles — 6 classes

› 1.1 Define ISO 45001: Key Concepts and Terminology

› 1.2 Explore the Structure of ISO 45001: Understanding Clauses and Requirements

› 1.3 Analyze Benefits of Implementing ISO 45001 in Care Settings

› 1.4 Identify Roles and Responsibilities Under ISO 45001 Standards

› 1.5 Evaluate Compliance Strategies for Meeting ISO 45001 Standards

› 1.6 Develop an Action Plan for ISO 45001 Implementation in Your Organization

• 2 Legal Framework and Compliance Obligations in Care Settings — 12 classes

› 2.1 Identify Key Legal Frameworks Influencing Occupational Health in Care

› 2.1 Understand the Legal Framework Governing Occupational Health and Safety

› 2.2 Evaluate Compliance Obligations Under ISO 45001 Standards

› 2.2 Identify Key Compliance Obligations for Care Settings

› 2.3 Assess the Role of Regulatory Bodies in Care Settings

› 2.3 Analyze the Role of ISO 45001 in Regulatory Compliance

› 2.4 Analyze Risk Management Strategies for Health and Safety Compliance

› 2.4 Explore Case Studies of Non-Compliance in Care Settings

› 2.5 Implement Best Practices for Reporting and Documentation in Care

› 2.5 Evaluate Strategies for Ensuring Compliance with Health and Safety Regulations

› 2.6 Develop an Action Plan for Continuous Compliance Improvement

› 2.6 Develop an Action Plan for Implementing Compliance in Your Organization

• 3 Risk Assessment and Hazard Identification Techniques — 6 classes

› 3.1 Identify Common Workplace Hazards in Care Settings

› 3.2 Analyze Risk Factors Associated with Identified Hazards

› 3.3 Apply Risk Assessment Methods in Occupational Health and Safety

› 3.4 Develop a Risk Matrix for Prioritizing Hazards

› 3.5 Implement Control Measures to Mitigate Identified Risks

› 3.6 Evaluate and Review Risk Assessment Processes for Continuous Improvement

• 4 Implementing the Plan-Do-Check-Act Cycle in Care Services — 12 classes

› 4.1 Understand the Plan-Do-Check-Act Cycle in Care Services

› 4.1 Understand the Plan-Do-Check-Act Cycle in Occupational Health and Safety

› 4.2 Identify Key Roles and Responsibilities in Implementation

› 4.2 Assess Current Practices in Care Services Using the PDCA Model

› 4.3 Develop Effective Objectives and Targets for Health and Safety

› 4.3 Develop a Plan for Implementing Health and Safety Improvements

› 4.4 Design Implementation Plans for Care Settings

› 4.4 Execute the Plan: Key Strategies for Effective Implementation

› 4.5 Monitor and Evaluate Health and Safety Performance

› 4.5 Monitor and Evaluate Outcomes: Tools for the Check Phase

› 4.6 Integrate Continuous Improvement Strategies in Care Services

› 4.6 Refine the PDCA Cycle: Continuous Improvement in Care Services

• 5 Monitoring, Reporting, and Review for Compliance Assurance — 6 classes

› 5.1 Understand the Importance of Monitoring in Occupational Health and Safety

› 5.2 Identify Key Compliance Metrics for Reporting

› 5.3 Develop Effective Reporting Techniques for Safety Data

› 5.4 Analyze Monitoring and Reporting Tools for Compliance Assurance

› 5.5 Implement a Review Process for Continuous Improvement

› 5.6 Create an Action Plan Based on Review Findings

**• 1 Understanding ISO 45001 Framework and Principles** — 6 classes

- › 1.1 Explore the Key Principles of ISO 45001 Framework
- › 1.2 Identify the Components of an Effective Occupational Health and Safety Management System
- › 1.3 Analyze the Importance of Leadership and Worker Participation in ISO 45001
- › 1.4 Examine Risk Management Strategies within the ISO 45001 Framework
- › 1.5 Develop an Action Plan for Implementing ISO 45001 in Care Settings
- › 1.6 Evaluate Continuous Improvement Processes for Occupational Health and Safety

**• 2 Leadership Roles and Responsibilities in Health and Safety** — 6 classes

- › 2.1 Define Leadership Roles in Health and Safety
- › 2.2 Identify Legal Responsibilities of Health and Safety Leaders
- › 2.3 Assess the Impact of Leadership Styles on Health and Safety Culture
- › 2.4 Develop Effective Communication Strategies for Safety Leadership
- › 2.5 Implement Safety Leadership Practices in Care Environments
- › 2.6 Evaluate the Outcomes of Leadership in Occupational Health and Safety

**• 3 Risk Assessment and Management Strategies** — 6 classes

- › 3.1 Identify Key Risks in Occupational Health and Safety
- › 3.2 Analyze Risk Factors in Care Environments
- › 3.3 Develop Effective Risk Assessment Methods
- › 3.4 Prioritize Risks Using Assessment Tools
- › 3.5 Implement Risk Management Strategies in Care Settings
- › 3.6 Evaluate the Effectiveness of Health and Safety Measures

**• 4 Cultivating a Safety Culture within Care Teams** — 6 classes

- › 4.1 Define Safety Culture: Understanding Key Concepts and Importance
- › 4.2 Assess Current Safety Culture: Identifying Strengths and Weaknesses
- › 4.3 Engage Team Members: Techniques for Promoting Participation in Safety Initiatives
- › 4.4 Develop Safety Communication Strategies: Building Open Lines of Dialogue
- › 4.5 Implement Safety Training Programs: Equipping Teams with Essential Skills
- › 4.6 Evaluate and Sustain Safety Culture: Measuring Success and Continuous Improvement

**• 5 Continuous Improvement and Compliance Monitoring** — 6 classes

- › 5.1 Understand the Principles of Continuous Improvement in Health and Safety
- › 5.2 Identify Key Performance Indicators for Compliance Monitoring
- › 5.3 Develop Strategies for Effective Data Collection and Analysis
- › 5.4 Implement Action Plans to Address Compliance Gaps
- › 5.5 Conduct Effective Reviews of Health and Safety Management Systems
- › 5.6 Foster a Culture of Accountability and Ownership in Health and Safety

**• 1 Understanding Performance Evaluation in Occupational Health and Safety** — 6 classes

- › 1.1 Define Key Concepts in Performance Evaluation for Occupational Health and Safety
- › 1.2 Identify Key Performance Indicators (KPIs) for Health and Safety Management
- › 1.3 Analyze Data Collection Methods for Effective Performance Evaluation
- › 1.4 Evaluate Performance Evaluation Techniques in Occupational Health and Safety
- › 1.5 Develop Action Plans Based on Performance Evaluation Results
- › 1.6 Foster a Culture of Continuous Improvement in Health and Safety Practices

**• 1 Understanding Performance Evaluation Metrics in Occupational Health and Safety** — 6 classes

- › 1.1 Identify Key Performance Metrics in Occupational Health and Safety
- › 1.2 Analyze Data Collection Techniques for Performance Evaluation
- › 1.3 Assess the Importance of Leading vs. Lagging Indicators
- › 1.4 Explore Tools for Measuring Health and Safety Performance
- › 1.5 Develop Strategies for Continuous Improvement in Safety Metrics
- › 1.6 Implement Feedback Loops for Enhanced Safety Performance Evaluation

**• 2 Establishing Performance Baselines and Objectives** — 6 classes

- › 2.1 Define Key Performance Indicators for Occupational Health and Safety
- › 2.2 Analyze Current Performance Data to Establish Baselines
- › 2.3 Set SMART Objectives for Continuous Improvement in Care Settings
- › 2.4 Identify Stakeholder Involvement in Performance Evaluation Processes
- › 2.5 Develop Strategies for Monitoring Performance Against Established Baselines
- › 2.6 Implement Feedback Mechanisms for Continuous Improvement in Performance

**• 2 Establishing Baselines for Health and Safety Performance** — 6 classes

- › 2.1 Define Key Performance Indicators for Health and Safety
- › 2.2 Collect and Analyze Historical Health and Safety Data
- › 2.3 Identify Stakeholders for Baseline Performance Assessment
- › 2.4 Conduct Risk Assessments to Establish Baselines
- › 2.5 Develop Methodologies for Ongoing Performance Measurement
- › 2.6 Create Action Plans for Continuous Improvement Based on Baselines

**• 3 Data Collection and Analysis Techniques** — 6 classes

- › 3.1 Identify Key Data Sources for Occupational Health and Safety
- › 3.2 Explore Quantitative vs Qualitative Data Collection Methods
- › 3.3 Implement Effective Data Collection Techniques in Care Settings
- › 3.4 Analyze Collected Data to Identify Safety Trends
- › 3.5 Develop Key Performance Indicators for Continuous Improvement
- › 3.6 Create Action Plans Based on Data Analysis Outcomes

**• 3 Conducting Audits and Assessments for Continuous Monitoring** — 6 classes

- › 3.1 Identify Key Elements of Effective Audits
- › 3.2 Explain the Role of Self-Assessments in Continuous Monitoring
- › 3.3 Develop a Structured Audit Plan for Occupational Health and Safety
- › 3.4 Implement Data Collection Methods for Health and Safety Audits
- › 3.5 Analyze Audit Findings to Identify Areas for Improvement
- › 3.6 Create an Action Plan for Continuous Improvement Based on Audit Results

**• 4 Implementing Improvement Initiatives and Monitoring Progress** — 6 classes

- › 4.1 Identify Key Performance Indicators for Improvement
- › 4.2 Develop and Document Improvement Initiatives
- › 4.3 Engage Stakeholders in the Improvement Process
- › 4.4 Implement Improvement Initiatives Effectively
- › 4.5 Monitor Progress and Evaluate Outcomes
- › 4.6 Foster a Culture of Continuous Improvement

**• 4 Identifying Areas for Improvement and Corrective Actions** — 6 classes

- › 4.1 Assess Existing Safety Protocols
- › 4.2 Conduct Root Cause Analysis for Incidents
- › 4.3 Identify Key Performance Indicators (KPIs) for Safety
- › 4.4 Engage Stakeholders in Improvement Discussions
- › 4.5 Develop Action Plans for Corrective Measures
- › 4.6 Monitor Implementation and Evaluate Effectiveness

**• 5 Sustaining Continuous Improvement through Leadership and Culture** — 6 classes

- › 5.1 Define Continuous Improvement and Its Importance in Leadership
- › 5.2 Identify Key Leadership Behaviors that Foster a Culture of Safety
- › 5.3 Assess Current Organizational Culture and Its Impact on Health and Safety
- › 5.4 Develop Strategies for Enhancing Team Engagement in Continuous Improvement
- › 5.5 Implement Feedback Mechanisms to Evaluate Performance in Health and Safety
- › 5.6 Create an Action Plan for Sustaining Continuous Improvement in Your Team

**• 5 Implementing Continuous Improvement Strategies in Care Services** — 6 classes

- › 5.1 Identify Key Continuous Improvement Strategies in Care Services
- › 5.2 Analyze Current Performance Metrics for Effectiveness
- › 5.3 Develop Action Plans for Implementing Improvement Strategies
- › 5.4 Engage Staff in the Continuous Improvement Process
- › 5.5 Monitor and Measure the Impact of Improvements
- › 5.6 Create a Culture of Continuous Improvement in Care Settings

**• 1 Understanding Risk Assessment Principles in Care Settings** — 6 classes

- › 1.1 Identify Key Principles of Risk Assessment in Care Settings
- › 1.2 Analyze Common Risks in Occupational Health and Safety
- › 1.3 Evaluate Risk Assessment Methodologies Used in Care
- › 1.4 Implement Risk Control Measures for Identified Hazards
- › 1.5 Review Legal Requirements and Standards for Risk Management
- › 1.6 Develop a Practical Risk Assessment Action Plan for Care Facilities

**• 2 Identifying Hazards and Risks in Care Services** — 6 classes

- › 2.1 Identify Common Hazards in Care Environments
- › 2.2 Evaluate the Impact of Hazards on Care Workers and Patients
- › 2.3 Analyze Risk Factors Associated with Specific Care Services
- › 2.4 Implement Hazard Reporting Procedures in Care Settings
- › 2.5 Develop Strategies for Risk Mitigation in Care Services
- › 2.6 Review and Update Risk Assessments Regularly

**• 3 Evaluating and Prioritizing Risks in Health and Safety** — 6 classes

- › 3.1 Identify Key Health and Safety Risks in Care Settings
- › 3.2 Assess the Severity and Likelihood of Identified Risks
- › 3.3 Utilize Risk Matrix Tools for Effective Risk Evaluation
- › 3.4 Prioritize Risks Based on Impact and Urgency
- › 3.5 Develop Action Plans for High-Priority Risks
- › 3.6 Review and Refine Risk Management Strategies Regularly

**• 4 Implementing Risk Controls and Safety Measures** — 12 classes

- › 4.1 Identify Key Risk Factors in Care Settings
- › 4.1 Identify Key Risks in Workplace Safety
- › 4.2 Assessing the Severity of Identified Risks
- › 4.2 Assess Current Control Measures Effectiveness
- › 4.3 Developing Effective Risk Control Strategies
- › 4.3 Develop Tailored Risk Mitigation Strategies
- › 4.4 Implementing Safety Measures in the Workplace
- › 4.4 Implement Safety Protocols and Procedures
- › 4.5 Monitoring and Reviewing Risk Control Measures
- › 4.5 Monitor and Review Risk Control Measures
- › 4.6 Engaging Staff in Risk Management Practices
- › 4.6 Communicate Safety Responsibilities and Training

**• 5 Monitoring, Reviewing, and Improving Risk Management Practices** — 6 classes

- › 5.1 Assess Current Risk Management Practices
- › 5.2 Identify Key Performance Indicators for Monitoring
- › 5.3 Implement Effective Monitoring Techniques
- › 5.4 Analyze Data to Review Risk Management Effectiveness
- › 5.5 Develop Strategies for Continuous Improvement
- › 5.6 Engage Stakeholders in the Review Process

**• 1 Understanding ISO 45001 Standards and Principles — 6 classes**

- › 1.1 Define ISO 45001 Standards and Their Importance in Occupational Health and Safety
- › 1.2 Analyze Key Principles of ISO 45001 and Their Impact on Care Settings
- › 1.3 Identify Key Roles and Responsibilities in Implementing ISO 45001 Standards
- › 1.4 Evaluate Risk Management Strategies within the ISO 45001 Framework
- › 1.5 Develop Action Plans for Compliance with ISO 45001 in Care Organizations
- › 1.6 Create a Continuous Improvement Process Based on ISO 45001 Guidelines

**• 1 Understanding ISO 45001: Key Principles and Framework — 6 classes**

- › 1.1 Identify the Core Components of ISO 45001
- › 1.2 Analyze the Importance of Occupational Health and Safety
- › 1.3 Explore the Structure and Framework of ISO 45001
- › 1.4 Evaluate Risk Assessment Techniques in ISO 45001
- › 1.5 Implement Effective Communication Strategies for Safety Culture
- › 1.6 Develop a Plan for Continuous Improvement in Health and Safety

**• 2 Identifying Hazards and Assessing Risks in Care Settings — 6 classes**

- › 2.1 Recognize Common Hazards in Care Settings
- › 2.2 Analyze the Impact of Identified Hazards on Staff and Patients
- › 2.3 Explore the Legal Framework for Occupational Health and Safety
- › 2.4 Implement Risk Assessment Tools and Techniques
- › 2.5 Develop Strategies for Risk Mitigation in Care Environments
- › 2.6 Evaluate the Effectiveness of Health and Safety Measures

**• 2 Risk Assessment and Management Strategies in Care Settings — 6 classes**

- › 2.1 Identify Common Risks in Care Settings
- › 2.2 Analyze the Impact of Risks on Staff and Patients
- › 2.3 Evaluate Risk Assessment Tools and Techniques
- › 2.4 Develop Effective Risk Management Strategies
- › 2.5 Implement Risk Mitigation Plans in Practice
- › 2.6 Review and Improve Risk Management Processes

**• 3 Implementing Effective Safety Management Systems — 6 classes**

- › 3.1 Assess Current Safety Management Practices
- › 3.2 Identify Legal and Regulatory Requirements
- › 3.3 Develop Safety Policy and Objectives
- › 3.4 Implement Risk Assessment Processes
- › 3.5 Communicate Safety Procedures and Responsibilities
- › 3.6 Evaluate and Improve Safety Management Systems

**• 3 Developing Effective Training and Communication Programs — 6 classes**

- › 3.1 Identify Key Components of Effective Training Programs
- › 3.2 Assess Training Needs in Occupational Health and Safety
- › 3.3 Develop Clear Communication Strategies for Training Delivery
- › 3.4 Design Engaging Training Materials for Adult Learners
- › 3.5 Implement Evaluation Methods for Training Effectiveness
- › 3.6 Foster Continuous Improvement in Training and Development

**• 4 Engaging Leadership in Occupational Health and Safety — 6 classes**

- › 4.1 Define Leadership Roles in Occupational Health and Safety
- › 4.2 Identify Key Risks and Challenges in Care Environments
- › 4.3 Develop Strategies for Effective Safety Communication
- › 4.4 Implement Practical Tools for Risk Assessment and Management
- › 4.5 Foster a Culture of Safety Through Leadership Engagement
- › 4.6 Evaluate the Impact of Leadership on Occupational Health Outcomes

**• 4 Monitoring and Measuring Health and Safety Performance — 6 classes**

- › 4.1 Define Key Performance Indicators for Health and Safety
- › 4.2 Establish Baseline Measurements for Safety Performance
- › 4.3 Implement Regular Safety Audits and Inspections
- › 4.4 Collect and Analyze Incident Reporting Data
- › 4.5 Utilize Employee Feedback to Enhance Safety Practices
- › 4.6 Develop a Continuous Improvement Plan Based on Performance Metrics

**• 5 Evaluating and Continuous Improvement in Training Programs — 6 classes**

- › 5.1 Assess Current Training Program Effectiveness
- › 5.2 Identify Key Performance Indicators for Training
- › 5.3 Gather Stakeholder Feedback on Training Impact
- › 5.4 Analyze Training Data for Improvement Insights
- › 5.5 Design Action Plans for Training Enhancements
- › 5.6 Implement and Monitor Continuous Improvement Strategies

**• 5 Continuous Improvement and Leadership in Occupational Health and Safety — 6 classes**

- › 5.1 Identify Key Principles of Continuous Improvement in Occupational Health and Safety
- › 5.2 Analyze the Role of Leadership in Fostering a Safety Culture
- › 5.3 Evaluate Effective Training Methods for Safety Improvement
- › 5.4 Develop Strategies for Engaging Employees in Safety Practices
- › 5.5 Implement Tools for Measuring Continuous Improvement in Safety Standards
- › 5.6 Create an Action Plan for Leadership in Occupational Health and Safety

**• 1 Introduction to ISO 45001: The Framework for Health and Safety in Care Services** — 6 classes

- › 1.1 Define ISO 45001 and Its Importance in Care Services
- › 1.2 Identify Key Components of the ISO 45001 Framework
- › 1.3 Understand the Role of Leadership in Implementing ISO 45001
- › 1.4 Explore the Benefits of ISO 45001 for Care Providers
- › 1.5 Assess the Impact of ISO 45001 on Employee Well-being and Safety
- › 1.6 Develop an Action Plan for Integrating ISO 45001 in Care Services

**• 2 Understanding the Context of the Organization in ISO 45001** — 6 classes

- › 2.1 Define Organizational Context in ISO 45001
- › 2.2 Identify Internal Factors Affecting Occupational Health and Safety
- › 2.3 Analyze External Factors Impacting Health and Safety Management
- › 2.4 Assess Stakeholder Needs and Expectations in Care Settings
- › 2.5 Establish Scope of the Health and Safety Management System
- › 2.6 Develop a Contextual Analysis Action Plan for ISO 45001 Implementation

**• 3 Leadership and Worker Participation in ISO 45001** — 6 classes

- › 3.1 Explore Leadership Roles in ISO 45001
- › 3.2 Identify Key Responsibilities of Leaders in Occupational Health and Safety
- › 3.3 Engage Workers in Health and Safety Committees
- › 3.4 Develop Effective Communication Strategies for Worker Participation
- › 3.5 Assess the Impact of Leadership on Worker Well-being
- › 3.6 Implement Action Plans for Enhancing Worker Participation in Safety

**• 4 Risk Assessment and Hazard Identification in Care Services** — 6 classes

- › 4.1 Define Risk Assessment in Care Services
- › 4.2 Identify Common Hazards in Care Environments
- › 4.3 Analyze the Impact of Hazards on Health and Safety
- › 4.4 Evaluate Existing Risk Control Measures
- › 4.5 Develop Risk Assessment Procedures for Care Settings
- › 4.6 Implement and Monitor Risk Management Strategies

**• 5 Continuous Improvement and Performance Evaluation in ISO 45001** — 6 classes

- › 5.1 Analyze Key Concepts of Continuous Improvement in ISO 45001
- › 5.2 Identify Performance Indicators for Health and Safety Evaluation
- › 5.3 Implement Data Collection Methods for Performance Assessment
- › 5.4 Evaluate the Effectiveness of Occupational Health and Safety Measures
- › 5.5 Develop an Action Plan for Ongoing Improvement Initiatives
- › 5.6 Communicate Improvement Strategies to Stakeholders Effectively