

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

ISO 20957 — Stationary Training Equipment Safety

ISO Certification Programme



LAPT — London Academy of Professional Training

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Reference SSR-DMS-20957 • ISO Security Safety & Risk

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

REFERENCE	SSR-DMS-20957
AWARD	Certificate
ASSESSMENT	430 marks — 258 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1 Evaluation and Continuous Improvement 5 chapters · 30 classes 45 marks	
• 1 Understanding Evaluation Frameworks in Safety Standards — 6 classes › 1.1 Define Key Components of Evaluation Frameworks in Safety Standards › 1.2 Analyze the Importance of Continuous Improvement in Safety Management › 1.3 Compare Different Evaluation Models Used in Safety Standards › 1.4 Identify Best Practices for Implementing Evaluation Frameworks › 1.5 Develop a Strategy for Continuous Safety Improvement Evaluation › 1.6 Create an Action Plan for Applying Evaluation Insights to Enhance Safety • 2 Key Performance Indicators for Equipment Safety — 6 classes › 2.1 Define Key Performance Indicators for Equipment Safety › 2.2 Identify Relevant Metrics for Evaluating Equipment Safety › 2.3 Analyze Historical Data to Establish Baselines › 2.4 Develop Actionable Performance Targets for Safety › 2.5 Implement Monitoring Systems for Performance Evaluation › 2.6 Review and Adjust KPIs for Continuous Improvement • 3 Conducting Safety Audits and Risk Assessments — 6 classes › 3.1 Identify Key Safety Audit Components › 3.2 Understand the Risk Assessment Process › 3.3 Develop Audit Checklists for Equipment Safety › 3.4 Conduct a Mock Safety Audit › 3.5 Analyze Results and Identify Risks › 3.6 Create an Action Plan for Continuous Improvement	• 4 Implementing Continuous Improvement Processes — 6 classes › 4.1 Identify Key Indicators for Continuous Improvement › 4.2 Analyze Current Processes for Optimization Opportunities › 4.3 Develop a Continuous Improvement Action Plan › 4.4 Implement Continuous Improvement Strategies in Teams › 4.5 Measure and Review the Impact of Improvements › 4.6 Foster a Culture of Continuous Improvement within the Organization • 5 Reviewing and Updating Safety Compliance Policies — 6 classes › 5.1 Assess Current Safety Compliance Policies › 5.2 Identify Gaps in Safety Standards › 5.3 Review Industry Best Practices for Compliance › 5.4 Develop an Action Plan for Policy Updates › 5.5 Implement Changes to Safety Compliance Policies › 5.6 Evaluate the Effectiveness of Updated Policies

• 1 Understanding ISO 20957 Standards and Compliance

Requirements — 6 classes

- › 1.1 Explore the Importance of ISO 20957 Standards in Training Equipment
- › 1.2 Identify Key Compliance Requirements for ISO 20957 Certification
- › 1.3 Analyze Common Challenges in Achieving ISO 20957 Compliance
- › 1.4 Develop an Effective Compliance Strategy for ISO 20957
- › 1.5 Evaluate Case Studies of ISO 20957 Implementation in Fitness Centres
- › 1.6 Create a Compliance Checklist for ISO 20957 Certification

• 2 Risk Assessment Methodologies for Stationary Training

Equipment — 6 classes

- › 2.1 Identify and Define Risks Associated with Stationary Training Equipment
- › 2.2 Analyze Risk Factors in Stationary Training Equipment Environments
- › 2.3 Evaluate Existing Safety Protocols for Stationary Training Equipment
- › 2.4 Develop Risk Mitigation Strategies for Stationary Training Equipment
- › 2.5 Implement a Risk Assessment Process for Stationary Training Equipment
- › 2.6 Monitor and Review Risk Assessment Outcomes for Continuous Improvement

• 3 Developing Safety Protocols and Guidelines for Implementation

— 6 classes

- › 3.1 Identify Key Safety Standards for Stationary Training Equipment
- › 3.2 Analyze Potential Risks Associated with Equipment Usage
- › 3.3 Develop Comprehensive Safety Protocols for Equipment Operation
- › 3.4 Create Guidelines for Regular Maintenance and Inspections
- › 3.5 Train Staff on Implementing Safety Protocols Effectively
- › 3.6 Evaluate and Revise Safety Protocols Based on Feedback

• 4 Training and Communication Strategies for Staff and Users — 6

classes

- › 4.1 Analyze the Importance of Effective Communication in Safety Training
- › 4.2 Identify Key Training Strategies for Diverse User Groups
- › 4.3 Develop Engaging Training Materials for Stationary Equipment Safety
- › 4.4 Implement Interactive Training Sessions for Staff Engagement
- › 4.5 Create Feedback Mechanisms to Assess Training Effectiveness
- › 4.6 Evaluate Long-term Communication Strategies for User Safety Awareness

• 5 Monitoring and Continuous Improvement of Safety Practices — 6

classes

- › 5.1 Assess Current Safety Practices
- › 5.2 Identify Key Performance Indicators for Monitoring
- › 5.3 Implement a Safety Audit Procedure
- › 5.4 Analyze Audit Findings for Continuous Improvement
- › 5.5 Develop an Action Plan for Safety Enhancements
- › 5.6 Communicate Changes and Train Staff on New Practices

• 1 Introduction to ISO 20957 Standards — 6 classes

- › 1.1 Define ISO 20957 and Its Importance in Fitness
- › 1.2 Explore the Key Components of ISO 20957 Standards
- › 1.3 Identify the Types of Stationary Training Equipment Covered
- › 1.4 Discuss Safety Requirements for Stationary Training Equipment
- › 1.5 Analyze the Impact of Compliance on Equipment Quality and User Safety
- › 1.6 Implement Best Practices for Upholding ISO 20957 Standards

• 2 Key Components of ISO 20957 Standards — 6 classes

- › 2.1 Identify Key Definitions in ISO 20957 Standards
- › 2.2 Explore the Structure and Scope of ISO 20957
- › 2.3 Examine the Requirements for Stationary Training Equipment
- › 2.4 Analyze Compliance and Safety Features in ISO 20957
- › 2.5 Understand the Roles and Responsibilities in Implementing ISO 20957
- › 2.6 Apply ISO 20957 Standards to Evaluate Equipment Safety

• 3 Risk Assessment and Management in ISO 20957 — 6 classes

- › 3.1 Identify Key Risks Associated with Stationary Training Equipment
- › 3.2 Analyze Risk Factors in Different Training Scenarios
- › 3.3 Evaluate Existing Safety Protocols for Effectiveness
- › 3.4 Develop a Risk Management Framework for ISO 20957 Compliance
- › 3.5 Implement Risk Mitigation Strategies in Training Environments
- › 3.6 Assess the Impact of Risk Management Practices on User Safety

• 4 Compliance and Certification Procedures — 6 classes

- › 4.1 Understand ISO 20957 Standards and Their Importance
- › 4.2 Identify Key Compliance Requirements for Certification
- › 4.3 Explore the Certification Process Steps for Equipment Safety
- › 4.4 Analyze Common Non-Compliance Issues in Certification
- › 4.5 Develop an Action Plan for Achieving Compliance
- › 4.6 Evaluate Certification Outcomes and Continuous Improvement Strategies

• 5 Continuous Improvement and Updates in ISO 20957 — 6 classes

- › 5.1 Explore the Importance of Continuous Improvement in ISO 20957
- › 5.2 Identify Key Components of ISO 20957 Updates
- › 5.3 Analyze Recent Trends in Stationary Training Equipment Safety Standards
- › 5.4 Evaluate the Impact of Continuous Improvement on Safety Protocols
- › 5.5 Develop Strategies for Implementing ISO 20957 Updates in Your Organization
- › 5.6 Create an Action Plan for Ongoing Compliance and Improvement in ISO 20957

• 1 Fundamentals of Risk Assessment Techniques — 6 classes

- › 1.1 Identify Basic Components of Risk Assessment
- › 1.2 Understand Types of Risks in Training Environments
- › 1.3 Analyze Risk Factors Affecting Stationary Equipment
- › 1.4 Evaluate Risk Assessment Methodologies
- › 1.5 Implement Practical Risk Assessment Techniques
- › 1.6 Review Case Studies on Risk Mitigation Strategies

• 2 Identifying Hazards in Stationary Training Equipment — 6 classes

- › 2.1 Recognize Common Hazards in Stationary Training Equipment
- › 2.2 Conduct Preliminary Inspections for Safety Compliance
- › 2.3 Analyze Equipment Specifications for Potential Risks
- › 2.4 Evaluate Environmental Factors Affecting Equipment Safety
- › 2.5 Document Findings and Assess Risk Levels
- › 2.6 Develop Action Plans to Mitigate Identified Hazards

• 3 Evaluating Risks: Probability and Severity Analysis — 6 classes

- › 3.1 Identify Key Concepts of Probability in Risk Assessment
- › 3.2 Analyze Severity Levels for Stationary Training Equipment Risks
- › 3.3 Apply Probability and Severity Metrics to Real Scenarios
- › 3.4 Create a Risk Matrix for Evaluating Equipment Safety
- › 3.5 Conduct a Group Activity: Assessing Risks in Case Studies
- › 3.6 Develop a Risk Mitigation Plan Based on Analysis Findings

• 4 Implementing Control Measures and Mitigation Strategies — 6 classes

- › 4.1 Identify Control Measures for Stationary Training Equipment
- › 4.2 Assess Risks Associated with Identified Control Measures
- › 4.3 Develop Mitigation Strategies for High-Risk Scenarios
- › 4.4 Implement Control Measures in Practical Scenarios
- › 4.5 Evaluate the Effectiveness of Control Measures Post-Implementation
- › 4.6 Review and Revise Control Measures Based on Feedback

• 5 Monitoring and Reviewing Risk Assessment Processes — 6 classes

- › 5.1 Identify Key Elements of Risk Assessment Processes
- › 5.2 Evaluate Current Monitoring Techniques for Risk Assessments
- › 5.3 Develop Criteria for Effective Risk Assessment Reviews
- › 5.4 Implement a Schedule for Regular Risk Assessment Monitoring
- › 5.5 Analyze Case Studies of Successful Risk Assessment Reviews
- › 5.6 Create a Risk Assessment Review Action Plan

• 1 Understanding ISO 20957 Standards and Their Importance — 6 classes

- › 1.1 Define ISO 20957 Standards and Their Key Components
- › 1.2 Explore the Historical Context of ISO 20957 in Safety Policy
- › 1.3 Identify the Benefits of Adhering to ISO 20957 Standards
- › 1.4 Analyze Case Studies Showcasing ISO 20957 Implementation
- › 1.5 Develop Criteria for Evaluating Stationary Training Equipment Safety
- › 1.6 Create an Action Plan for Implementing ISO 20957 Standards

• 2 Identifying Risks Associated with Stationary Training Equipment — 6 classes

- › 2.1 Assess Equipment Divide: Categorizing Stationary Training Equipment
- › 2.2 Identify Common Hazards: Understanding Equipment Risks
- › 2.3 Conduct Risk Assessments: Evaluating Safety Protocols
- › 2.4 Analyze Historical Data: Learning from Past Incidents
- › 2.5 Develop Mitigation Strategies: Reducing Identified Risks
- › 2.6 Implement Safety Policies: Enforcing Equipment Usage Guidelines

• 3 Developing Effective Safety Policies for Training Facilities — 6 classes

- › 3.1 Assess Current Safety Standards for Training Facilities
- › 3.2 Identify Key Components of Effective Safety Policies
- › 3.3 Engage Stakeholders in Safety Policy Development
- › 3.4 Draft Comprehensive Safety Policies for Training Equipment
- › 3.5 Review and Revise Safety Policies Based on Feedback
- › 3.6 Implement and Monitor Compliance with Safety Policies

• 4 Engaging Stakeholders in Safety Policy Implementation — 6 classes

- › 4.1 Identify Key Stakeholders in Safety Policy
- › 4.2 Analyze Stakeholder Interests and Concerns
- › 4.3 Develop Communication Strategies for Engagement
- › 4.4 Facilitate Stakeholder Workshops for Policy Input
- › 4.5 Evaluate Stakeholder Feedback on Proposed Policies
- › 4.6 Implement Stakeholder Recommendations in Safety Policy

• 5 Monitoring, Review, and Continuous Improvement of Safety Policies — 6 classes

- › 5.1 Analyze Current Safety Policy Effectiveness
- › 5.2 Identify Key Performance Indicators for Safety Monitoring
- › 5.3 Conduct Regular Safety Policy Reviews
- › 5.4 Engage Stakeholders in Safety Policy Feedback
- › 5.5 Implement Continuous Improvement Strategies
- › 5.6 Document and Communicate Safety Policy Updates

• 1 Understanding ISO 20957 and its Impact on Safety Management

— 6 classes

- › 1.1 Analyze the Key Principles of ISO 20957 in Safety Management
- › 1.2 Explore the Role of Stationary Training Equipment in Safety Protocols
- › 1.3 Identify Responsibilities of Leadership Under ISO 20957
- › 1.4 Assess the Impact of Non-Compliance on Team Safety Standards
- › 1.5 Implement Effective Communication Strategies for Safety Management
- › 1.6 Develop an Action Plan for Adhering to ISO 20957 Standards

• 2 Roles and Responsibilities of Team Leaders in Safety Management — 6 classes

- › 2.1 Define the Role of a Team Leader in Safety Management
- › 2.2 Identify Key Responsibilities of Team Leaders in Promoting Safety
- › 2.3 Explore Effective Communication Strategies for Safety Leadership
- › 2.4 Analyze Case Studies of Team Leaders in Safety Incidents
- › 2.5 Develop Skills to Encourage Team Engagement in Safety Practices
- › 2.6 Create an Action Plan for Implementing Safety Leadership Responsibilities

• 3 Risk Assessment and Mitigation Strategies — 6 classes

- › 3.1 Identify Key Risks in Stationary Training Equipment
- › 3.2 Analyze Risk Levels and Potential Impact
- › 3.3 Develop Effective Mitigation Strategies
- › 3.4 Implement Safety Protocols for Equipment Use
- › 3.5 Monitor and Review Risk Management Practices
- › 3.6 Foster a Safety Culture within the Team

• 4 Fostering a Safety-Centric Team Culture — 6 classes

- › 4.1 Define Key Principles of a Safety-Centric Team Culture
- › 4.2 Identify Common Barriers to Safety Management in Teams
- › 4.3 Develop Strategies for Communicating Safety Expectations
- › 4.4 Engage Team Members in Safety Training Activities
- › 4.5 Evaluate the Effectiveness of Safety Practices in Teams
- › 4.6 Create an Action Plan for Promoting Continuous Safety Improvement

• 5 Evaluating Safety Performance and Continuous Improvement — 6 classes

- › 5.1 Assess Current Safety Performance Metrics
- › 5.2 Identify Key Safety Improvement Areas
- › 5.3 Implement Root Cause Analysis Techniques
- › 5.4 Develop Action Plans for Safety Enhancements
- › 5.5 Monitor and Measure Safety Initiative Effectiveness
- › 5.6 Foster a Culture of Continuous Safety Improvement