LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Certificate in Nail Technology

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LAPT — London Academy of Professional Training

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Reference BEA-C05 • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

4	107	622	400	60%	Lifetime
SUBJECTS	CHAPTERS	CLASSES	TOTAL MARKS	PASS MARK	VALIDITY

AT A GLANCE

REFERENCE	**BEA-C05**
AWARD	**Certificate**
ASSESSMENT	**400 marks — 240 to pass (60%)**
PREREQUISITES	**None**
VALIDITY	**Lifetime**
AWARDING BODY	**LAPT — London Academy of Professional Training**

CURRICULUM

1 **Nail Care, Manicure and Pedicure** 42 chapters · 224 classes **100 marks**

- **1 Anatomy of the Nail and Common Conditions** — 5 classes
  - 1.1 Understanding Nail Anatomy: Structure and Growth
  - 1.2 Identifying Nail Layers: Matrix to Free Edge
  - 1.3 Exploring Nail Functions: Protect and Sensation
  - 1.4 Recognizing Common Nail Conditions: Signs and Symptoms
  - 1.5 Preventing and Managing Nail Disorders
- **2 Nail Care Tools and Hygiene Practices** — 5 classes
  - 2.1 Understanding Basic Nail Care Tools and Their Uses
  - 2.2 Mastering the Safe Handling of Nail Instruments
  - 2.3 Implementing Effective Hygiene Practices in Nail Care
  - 2.4 Sterilizing and Sanitizing Nail Care Equipment
  - 2.5 Applying Nail Care Tools Safely and Efficiently
- **3 Basic Nail Treatments and Techniques** — 5 classes
  - 3.1 Understanding Nail Anatomy: The Foundation of Nail Care
  - 3.2 Demonstrating Basic Manicure Techniques
  - 3.3 Exploring Cuticle Care and Maintenance
  - 3.4 Mastering Nail Shaping: Tools and Techniques
  - 3.5 Applying Polish with Precision: Tips and Tricks
- **4 Advanced Nail Enhancements and Designs** — 5 classes
  - 4.1 Understanding Advanced Nail Enhancement Techniques
  - 4.2 Mastering Acrylic and Gel Application Methods
  - 4.3 Exploring Intricate Nail Art Designs
  - 4.4 Applying Advanced Nail Shaping Skills
  - 4.5 Ensuring Durability and Long-lasting Nail Enhancements
- **1 Fundamentals of Nail Shapes and Structures** — 6 classes
  - 1.1 Understanding Nail Anatomy: Fundamentals of Nail Shapes
  - 1.2 Identifying Common Nail Shapes: Characteristics and Benefits
  - 1.3 Mastering Basic Nail Filing Techniques for Shape Definition
  - 1.4 Enhancing Aesthetic Appeal: Techniques for Smooth Finishing
  - 1.5 Maintaining Professional Standards in Nail Shaping
  - 1.6 Applying Knowledge: Practice in Shaping and Finishing
- **2 Techniques for Shaping Artificial Nails** — 6 classes
  - 2.1 Understanding Nail Anatomy for Shaping Precision
  - 2.2 Selecting Appropriate Tools for Nail Shaping
  - 2.3 Mastering Basic Shapes: Square, Round, and Oval Nails
  - 2.4 Crafting Advanced Shapes: Coffin, Stiletto, and Almond
  - 2.5 Refining and Perfecting Nail Shapes with Buffing Techniques
  - 2.6 Ensuring Professional Standards in Nail Shaping Practice
- **3 Effective Nail Finishing Methods** — 6 classes
  - 3.1 Understanding Nail Finishing Techniques
  - 3.2 Identifying Appropriate Tools for Nail Finishing
  - 3.3 Implementing Effective Buffing Techniques
  - 3.4 Mastering the Art of Nail Polishing
  - 3.5 Ensuring Long-Lasting Finish and Shine
  - 3.6 Upholding Professional Standards in Nail Finishing
- **4 Professional Standards in Nail Treatments** — 6 classes
  - 4.1 Understanding Professional Ethics in Nail Treatments
  - 4.2 Identifying Key Hygiene Practices for Nail Technicians
  - 4.3 Implementing Client Consultation Best Practices
  - 4.4 Applying Health and Safety Standards in Nail Services
  - 4.5 Recognizing and Adhering to Industry Legal Obligations
  - 4.6 Evaluating Professional Behavior for Client Satisfaction
- **5 Client Consultation and Customization** — 6 classes
  - 5.1 Understanding Client Needs for Effective Consultation
  - 5.2 Mastering Communication Skills in Client Interactions
  - 5.3 Identifying Nail Types and Conditions for Customized Solutions
  - 5.4 Analyzing Lifestyle and Preferences to Tailor Nail Extensions
  - 5.5 Demonstrating Professional Ethics in Client Consultations
  - 5.6 Customizing Extension Techniques to Client Specifications
- **1 Fundamentals of Manicure Techniques** — 4 classes
  - 1.1 Understanding Nail Anatomy for Manicures
  - 1.2 Selecting and Using Essential Manicure Tools
  - 1.3 Mastering Basic Manicure Techniques
  - 1.4 Incorporating Foundation Art Trends into Manicures
- **3 Sanitization Practices in Nail Technology** — 5 classes
  - 3.1 Understanding the Importance of Sanitization in Nail Technology
  - 3.2 Identifying Common Pathogens and Risks in Nail Care Settings
  - 3.3 Demonstrating Effective Handwashing Techniques for Nail Technicians
  - 3.4 Selecting and Using Proper Sanitization Products and Tools
  - 3.5 Implementing Daily Sanitization Protocols in a Nail Salon
- **4 Identifying and Managing Nail Disorders** — 5 classes
  - 4.1 Recognising Common Nail Disorders
  - 4.2 Understanding Causes of Nail Disorders
  - 4.3 Analyzing Symptoms of Nail Disorders
  - 4.4 Implementing Basic Treatment Plans for Nail Disorders
  - 4.5 Preventing Nail Disorders through Proper Hygiene
- **1 Understanding Nail Tools and Equipment** — 5 classes
  - 1.1 Identifying Essential Nail Tools for Beginners
  - 1.2 Understanding the Purpose and Function of Each Tool
  - 1.3 Mastering the Safe Handling and Maintenance of Nail Equipment
  - 1.4 Demonstrating Basic Techniques with Common Nail Tools
  - 1.5 Exploring Advanced Equipment for Professional Nail Art
- **2 Sanitation and Maintenance of Nail Equipment** — 5 classes
  - 2.1 Understanding the Importance of Sanitation in Nail Technology
  - 2.2 Identifying Types of Nail Equipment and Their Functions
  - 2.3 Demonstrating Proper Cleaning Techniques for Nail Tools
  - 2.4 Exploring Disinfection Methods to Ensure Client Safety
  - 2.5 Implementing a Routine Maintenance Schedule for Nail Equipment
- **3 Advanced Usage Techniques for Nail Art Tools** — 5 classes
  - 3.1 Mastering the Use of Nail Brushes
  - 3.2 Precision Techniques with Dotting Tools
  - 3.3 Exploring Textures with Sponges and Stamps
  - 3.4 Creating Intricate Designs with Striping Tape
  - 3.5 Combining Tools for Advanced Nail Art Effects
- **4 Troubleshooting and Problem-Solving with Nail Equipment** — 5 classes
  - 4.1 Identifying Common Nail Equipment Issues
  - 4.2 Diagnosing Malfunctions in Electric Nail Drills
  - 4.3 Resolving Power and Performance Issues
  - 4.4 Techniques for Maintaining Nail Tools
  - 4.5 Implementing Preventative Maintenance Strategies
- **1 E-Filing Essentials and Safety Protocols** — 6 classes
  - 1.1 Understanding E-Filing Basics
  - 1.2 Identifying Essential E-Filing Tools
  - 1.3 Implementing Safety Protocols in E-Filing
  - 1.4 Mastering Grip and Position Techniques
  - 1.5 Preventing Common E-Filing Mistakes
  - 1.6 Applying E-Filing Techniques to Various Nail Types
- **2 Mastering E-File Bit Types and Functions** — 6 classes
  - 2.1 Understanding E-File Bit Types and Their Uses
  - 2.2 Exploring Materials and Designs of E-File Bits
  - 2.3 Identifying Suitable E-File Bits for Different Nail Applications
  - 2.4 Mastering the Proper Installation of E-File Bits
  - 2.5 Practicing Safety Precautions When Using E-File Bits
  - 2.6 Evaluating E-File Bit Maintenance for Optimal Performance
- **3 Application Techniques for Nail Preparation** — 6 classes
  - 3.1 Understanding E-Filing Equipment and Safety Measures
  - 3.2 Mastering E-File Bit Selection for Nail Preparation
  - 3.3 Preparing the Natural Nail Surface Using E-File
  - 3.4 Executing Precise Cuticle Management with E-Filing
  - 3.5 Smoothing and Shaping Nail Extensions with E-Filing Techniques
  - 3.6 Troubleshooting Common E-Filing Issues in Nail Preparation
- **4 Advanced Techniques for Nail Enhancements and Designs** — 6 classes
  - 4.1 Mastering E-File Basics for Nail Preparation
  - 4.2 Exploring Advanced E-File Techniques for Sculpting
  - 4.3 Refining Nail Shapes with E-Filing Precision
  - 4.4 Creating Intricate Designs Using E-File Artistry

2 **Acrylic, Gel and PolyGel Nail Extensions** 25 chapters · 150 classes **100 marks**

- **1 Introduction to Acrylic Nail Systems and Tools** — 6 classes
  - 1.1 Understanding Acrylic Nail Basics
  - 1.2 Exploring Acrylic Nail Tools and Materials
  - 1.3 Distinguishing Between Types of Acrylic Powders
  - 1.4 Preparing Nails for Acrylic Extension Application
  - 1.5 Demonstrating Basic Acrylic Application Techniques
  - 1.6 Maintaining and Caring for Acrylic Nail Extensions
- **2 Preparation and Nail Health Principles** — 6 classes
  - 2.1 Understanding the Basics of Nail Anatomy
  - 2.2 Identifying Common Nail Health Issues
  - 2.3 Preparing the Nail Surface for Extensions
  - 2.4 Mastering Sanitation and Hygiene Practices
  - 2.5 Selecting and Applying Appropriate Primers
  - 2.6 Evaluating Nail Beds for Extension Suitability
- **3 Acrylic Application Techniques** — 6 classes
  - 3.1 Understanding the Basics of Acrylic Nail Application
  - 3.2 Preparing Nails for Optimal Adhesion
  - 3.3 Mastering Liquid and Powder Ratio Techniques
  - 3.4 Applying Acrylic for a Smooth Surface Finish
  - 3.5 Shaping and Perfecting Acrylic Structure
  - 3.6 Troubleshooting Common Acrylic Application Issues
- **4 Design and Artistic Applications** — 6 classes
  - 4.1 Exploring Color Theory and Its Application to Acrylic Nails
  - 4.2 Mastering Pattern Design for Unique Nail Art
  - 4.3 Integrating Texture Techniques in Nail Extensions
  - 4.4 Creating 3D Art with Acrylic Nail Systems
  - 4.5 Balancing Aesthetics: Proportion and Symmetry in Design
  - 4.6 Developing Custom Designs Tailored to Client Preferences
- **5 Troubleshooting and Maintenance** — 6 classes
  - 5.1 Identifying Common Acrylic Nail Extension Issues
  - 5.2 Diagnosing Causes of Lifting and Separation
  - 5.3 Addressing Acrylic Nail Discoloration
  - 5.4 Repairing Cracks and Breakages in Acrylic Extensions
  - 5.5 Implementing Effective Maintenance Routines
  - 5.6 Ensuring Long-Lasting Acrylic Nail Extensions
- **1 Understanding Gel and PolyGel Compositions** — 6 classes
  - 1.1 Exploring the Chemistry Behind Gel and PolyGel Compositions
  - 1.2 Identifying Key Ingredients in Gel and PolyGel Formulations
  - 1.3 Understanding the Role of Photoinitiators in Gel Extensions
  - 1.4 Comparing Viscosity and Texture in Gel and PolyGel Systems
  - 1.5 Analyzing the Benefits and Limitations of Gel vs. PolyGel
  - 1.6 Applying Safety Measures in Handling Gel and PolyGel Products
- **2 Tools and Equipment for Gel and PolyGel Application** — 6 classes
  - 2.1 Introduction to Gel and PolyGel Application Tools
  - 2.2 Identifying Essential Brushes for Gel and PolyGel
  - 2.3 Mastering the Use of Nail Files and Buffers
  - 2.4 Selecting and Using Nail Forms for Extensions
  - 2.5 Applying UV/LED Lamps for Curing Processes
  - 2.6 Maintaining and Sanitizing Nail Tools Effectively
- **3 Application Techniques for Gel Nail Extensions** — 6 classes
  - 3.1 Understanding Gel Nail Essential Tools and Materials
  - 3.2 Preparing Natural Nails for Gel Application
  - 3.3 Building a Gel Nail Extension: Step-by-Step Guide
  - 3.4 Perfecting the Curing Process for Gel Nails
  - 3.5 Shaping and Refining Gel Nail Extensions
  - 3.6 Applying Finishing Touches and Enhancements to Gel Extensions
- **4 Advanced PolyGel Sculpting and Design** — 6 classes
  - 4.1 Mastering PolyGel Mixing Techniques
  - 4.2 Sculpting Natural Nail Shapes Using PolyGel
  - 4.3 Crafting Intricate Designs with PolyGel
  - 4.4 Enhancing Durability with Proper Curing
  - 4.5 Perfecting Filing for Seamless Finishes
  - 4.6 Customizing Nail Art with Advanced PolyGel Techniques
- **5 Troubleshooting and Maintaining Gel and PolyGel Extensions** — 6 classes
- **4 Innovative Materials and Emerging Trends in Nail Extensions** — 6 classes
  - 4.1 Explore: Understanding Emerging Materials in Nail Extension
  - 4.2 Analyze: Properties and Benefits of Innovative Nail Materials
  - 4.3 Identify: Recognizing Trends in Nail Extension Technologies
  - 4.4 Compare: Traditional vs. Innovative Materials in Nail Extensions
  - 4.5 Experiment: Practical Application of New Nail Extension Materials
  - 4.6 Evaluate: Assessing the Sustainability of Emerging Nail Trends
- **5 Troubleshooting and Quality Control in Nail Extension Services** — 6 classes
  - 5.1 Identify Common Issues in Nail Extension Applications
  - 5.2 Analyze Causes of Lifting and Separation in Extensions
  - 5.3 Investigate Discoloration Problems in Nail Enhancements
  - 5.4 Implement Effective Solutions for Cracking and Breaking
  - 5.5 Conduct Quality Control Inspections in Nail Services
  - 5.6 Evaluate Client Feedback to Improve Nail Extension Quality
- **1 Understanding Acrylic Nail Components and Tools** — 6 classes
  - 1.1 Exploring Acrylic Nail Components: Building Blocks of Beauty
  - 1.2 Understanding Monomer and Polymer: The Chemistry Behind Acrylic Nails
  - 1.3 Mastering the Art of Bead Application: Blend and Bond Techniques
  - 1.4 Selecting the Right Tools: Brushes, Files, and Buffers Demystified
  - 1.5 Proper Handling and Storage of Acrylic Products: Safety First
  - 1.6 Troubleshooting Common Acrylic Nail Issues: Solutions and Best Practices
- **2 Nail Preparation and Acrylic Application Techniques** — 6 classes
  - 2.1 Understanding the Basics of Nail Prep
  - 2.2 Mastering Nail Surface Sanitization Techniques
  - 2.3 Shaping and Buffing the Natural Nail
  - 2.4 Selecting and Using Acrylic Materials Effectively
  - 2.5 Applying Acrylic overlays with Precision
  - 2.6 Refining and Finishing the Acrylic Nail
- **3 Sculpting and Shaping Acrylic Nails** — 6 classes
  - 3.1 Understanding Acrylic Nail Anatomy and Tools
  - 3.2 Preparing the Nail for Acrylic Application
  - 3.3 Mastering Acrylic Bead Creation and Placement
  - 3.4 Sculpting Techniques for Natural-Looking Acrylic Nails
  - 3.5 Shaping Acrylic Nails to Desired Styles
  - 3.6 Finishing Touches: Polishing and Sealing Acrylic Nails
- **4 Acrylic Nail Art and Design** — 6 classes
  - 4.1 Understanding the Basics of Acrylic Nail Art
  - 4.2 Exploring Tools and Materials for Acrylic Design
  - 4.3 Mastering Techniques for Applying Acrylic Paints
  - 4.4 Designing Simple Patterns and Shapes with Acrylics
  - 4.5 Creating 3D Embellishments with Acrylic
  - 4.6 Applying Finishing Touches and Sealants for Long-lasting Designs
- **5 Troubleshooting and Maintenance of Acrylic Nails** — 6 classes
  - 5.1 Identifying Common Acrylic Nail Issues
  - 5.2 Diagnosing Causes of Acrylic Nail Lifting
  - 5.3 Addressing Discoloration and Staining in Acrylic Nails
  - 5.4 Repairing Cracks and Breaks in Acrylic Nails
  - 5.5 Maintaining Acrylic Nail Longevity and Appearance
  - 5.6 Implementing Preventive Care for Acrylic Nail Health
- **1 Understanding Gel Nail Chemistry and Products** — 6 classes
  - 1.1 Exploring the Basics of Gel Nail Chemistry
  - 1.2 Identifying Types of Gel Products and Their Properties
  - 1.3 Understanding the Polymerization Process in Gel Systems
  - 1.4 Analyzing the Role of Photo Initiators in Gel Nails
  - 1.5 Comparing Hard Versus Soft Gels: Applications and Differences
  - 1.6 Implementing Safe Practices in Gel Nail Application
- **2 Preparation and Application Techniques for Gel Nails** — 6 classes
  - 2.1 Understanding Gel Nail Components: Tools and Materials
  - 2.2 Preparing the Natural Nail: Hygiene and Sanitization
  - 2.3 Mastering Nail Surface Preparation: Filing and Buffing Techniques
  - 2.4 Applying Base Gel: Techniques for Uniform Adhesion

3

Nail Art and 3D Design

24 chapters · 128 classes **100 marks**

- **1 Exploration of Advanced Nail Art Techniques** — 6 classes
  - 1.1 Understanding the Fundamentals of 3D Nail Techniques
  - 1.2 Mastering Acrylic and Gel Mixology for Nail Art
  - 1.3 Exploring Advanced Brushwork and Stamping Techniques
  - 1.4 Constructing Intricate Designs with Sculptural Elements
  - 1.5 Integrating Texture and Dimension into Nail Art
  - 1.6 Applying and Personalizing 3D Embellishments
- **2 Incorporating 3D Elements in Nail Design** — 6 classes
  - 2.1 Understanding 3D Elements in Nail Art
  - 2.2 Exploring Materials for 3D Nail Design
  - 2.3 Techniques for Sculpting 3D Designs
  - 2.4 Applying 3D Art on Nail Extensions
  - 2.5 Enhancing Durability of 3D Nail Creations
  - 2.6 Customizing Designs with 3D Accents
- **3 Implementing Designs with Acrylic and Gel** — 6 classes
  - 3.1 Exploring Acrylic and Gel Material Properties
  - 3.2 Mastering Acrylic Application Techniques
  - 3.3 Perfecting Gel Polish Layering Methods
  - 3.4 Crafting 3D Designs with Acrylic
  - 3.5 Sculpting Intricate Patterns Using Gel
  - 3.6 Applying Finishing Touches for Professional Results
- **2 Design Principles and Color Theory in Nail Art** — 6 classes
  - 2.1 Exploring Fundamental Design Concepts in Nail Art
  - 2.2 Understanding the Elements of Color Theory
  - 2.3 Applying Color Harmonies to Enhance Nail Designs
  - 2.4 Experimenting with Textures and Patterns in Nail Art
  - 2.5 Integrating Visual Balance and Proportion in Designs
  - 2.6 Creating Complex Nail Art Designs Using Advanced Techniques
- **5 Professional Techniques for Customized Client Designs** — 6 classes
  - 5.1 Assessing Client Preferences for Customized Nail Art
  - 5.2 Selecting Materials for Specialized 3D Designs
  - 5.3 Mastering Techniques for Hand-Painted Nail Art
  - 5.4 Applying 3D Elements: Techniques and Tips
  - 5.5 Ensuring Longevity: Preparing Nails for Art and Extensions
  - 5.6 Evaluating Customized Designs and Client Feedback
- **1 Chapter 1 — Basics of Nail Art: Tools and Techniques** — 4 classes
  - 1.1 Identifying Essential Nail Art Tools
  - 1.2 Understanding Nail Art Techniques
  - 1.3 Practicing Basic Nail Art Designs
  - 1.4 Applying Fundamental Nail Art Skills
- **2 Chapter 2 — Intermediate Nail Art: Patterns and Textures** — 4 classes
  - 2.1 Exploring Geometric Patterns in Nail Art
  - 2.2 Creating Textured Designs with Foils and Powders
  - 2.3 Mastering the Ombre Technique for Nails
  - 2.4 Applying Layered Stamping for Complex Designs
- **3 Chapter 3 — Advanced Nail Art Trends: Innovation and Customization** — 4 classes
  - 3.1 Explore Cutting-Edge Nail Art Techniques
  - 3.2 Experiment with Innovative Nail Materials
  - 3.3 Customize Designs for Individual Client Preferences
  - 3.4 Apply Emerging Trends in Nail Art Personalization
- **1 Exploring Popular Nail Art Styles** — 4 classes
  - 1.1 Discovering Classic Nail Art Techniques
  - 1.2 Mastering Modern Minimalist Designs
  - 1.3 Experimenting with Bold and Vibrant Patterns
  - 1.4 Creating Custom Seasonal Nail Art
- **2 Techniques for Creating Trendy Textures and Patterns** — 4 classes
  - 2.1 Exploring Popular Nail Textures
  - 2.2 Mastering Gradient and Ombre Effects
  - 2.3 Creating Intricate Pattern Designs
  - 2.4 Applying Texture and Pattern Techniques in Nail Art
- **3 Incorporating Seasonal and Event-specific Trends** — 4 classes
- **2 Basic Nail Art Techniques and Styles** — 5 classes
  - 2.1 Understanding Nail Art Tools and Their Uses
  - 2.2 Mastering Basic Color Theory for Nail Art
  - 2.3 Practicing Simple Line and Dot Designs
  - 2.4 Creating Gradient and Ombre Effects
  - 2.5 Applying Decorative Elements Safely
- **3 Intermediate Designs: Patterns and Textures** — 5 classes
  - 3.1 Explore Pattern Fundamentals in Nail Art
  - 3.2 Master Techniques for Floral Nail Designs
  - 3.3 Create Geometric Patterns with Precision
  - 3.4 Apply Textures to Enhance Nail Art Designs
  - 3.5 Integrate Patterns and Textures for Complex Looks
- **4 Advanced Nail Art Applications and Trends** — 5 classes
  - 4.1 Exploring Current Trends in Nail Art Design
  - 4.2 Mastering Layering Techniques with Gel Polish
  - 4.3 Creating Intricate Nail Art with Stamping Tools
  - 4.4 Incorporating Textured Effects in Nail Art
  - 4.5 Customizing Nail Art with Freehand Detailing
- **1 Understanding Colour Theory and Nail Art Tools** — 6 classes
  - 1.1 Exploring the Basics of Colour Theory in Nail Art
  - 1.2 Understanding the Colour Wheel and Its Application
  - 1.3 Mastering Hue, Tint, Shade, and Tone for Nail Art
  - 1.4 Selecting and Combining Colours for Nail Designs
  - 1.5 Identifying Essential Nail Art Tools and Their Uses
  - 1.6 Applying Colour Theory to Enhance Nail Art Design
- **2 Basic Nail Art Techniques: Patterns and Textures** — 6 classes
  - 2.1 Exploring Basic Nail Art Tools and Materials
  - 2.2 Understanding Patterns: Stripes, Dots, and Grids
  - 2.3 Creating Textured Designs with Brushes and Sponges
  - 2.4 Developing Freehand Techniques for Nail Art
  - 2.5 Combining Patterns and Textures for Unique Designs
  - 2.6 Applying Finishing Touches: Sealing and Shining
- **3 Intermediate Nail Art: Themes and Custom Designs** — 6 classes
  - 3.1 Exploring Popular Nail Art Themes
  - 3.2 Understanding Color Theory in Nail Art
  - 3.3 Creating Custom Nail Art Designs
  - 3.4 Mastering Nail Art Techniques: Stamping and Decals
  - 3.5 Developing Unique Designs Using Mixed Media
  - 3.6 Applying Themes to Create Cohesive Nail Sets
- **4 Advanced Nail Art Techniques: 3D Art and Embellishments** — 6 classes
  - 4.1 Discovering the Foundations of 3D Nail Art
  - 4.2 Mastering the Use of Acrylic for Sculpting
  - 4.3 Creating Intricate Designs with Gel Embellishments
  - 4.4 Exploring Advanced Techniques for 3D Art Effects
  - 4.5 Applying Rhinestones and Crystals for Enhanced Aesthetics
  - 4.6 Integrating Mixed Media for Unique Nail Art Creations
- **5 Creating Portfolio-Ready Nail Art and Client Consultation** — 6 classes
  - 5.1 Understanding the Elements of Nail Art Design
  - 5.2 Mastering Acrylic and Gel Techniques for Artistry
  - 5.3 Selecting Color Palettes for Portfolio Pieces
  - 5.4 Creating Trend-Inspired Nail Art Designs
  - 5.5 Photographing and Presenting Nail Art for Portfolios
  - 5.6 Conducting Effective Client Consultations
- **1 Fundamentals of Advanced Nail Art Techniques** — 6 classes
  - 1.1 Understanding Advanced Nail Art Materials
  - 1.2 Exploring Advanced Nail Design Principles
  - 1.3 Mastering Intricate Technique: Stamping & Stenciling
  - 1.4 Creating Dimension: Ombre and Marble Effects
  - 1.5 Developing Precision in Detailing and Line Work
  - 1.6 Applying Advanced Techniques to Customized Designs
- **3 3D Embellishments and Textures** — 6 classes
  - 3.1 Exploring 3D Nail Embellishments: Types and Materials

4 **Nail Science, Health and Infection Control** 16 chapters · 120 classes **100 marks**

- **1 Anatomy and Physiology of the Nail** — 6 classes
  - 1.1 Understanding the Basic Structure of the Nail
  - 1.2 Analyzing the Composition and Growth Cycle of Nails
  - 1.3 Identifying Common Nail Disorders and Their Causes
  - 1.4 Exploring the Role of Nutrition in Nail Health
  - 1.5 Assessing Nail Health Through Physical Examination
  - 1.6 Implementing Infection Control Measures in Nail Care
- **2 Identifying Common Nail Disorders** — 6 classes
  - 2.1 Exploring the Structure and Function of Nails
  - 2.2 Recognizing Common Nail Disorders
  - 2.3 Understanding the Causes of Nail Disorders
  - 2.4 Assessing Nail Health and Identifying Symptoms
  - 2.5 Implementing Basic Infection Control Practices
  - 2.6 Applying Safe Nail Care Techniques
- **3 Health Assessment: Client Consultation and Risk Evaluation** — 6 classes
  - 3.1 Understanding the Importance of Client Consultation
  - 3.2 Identifying Risk Factors in Nail Treatments
  - 3.3 Conducting an Effective Client Consultation
  - 3.4 Evaluating Nail Health Before Extensions
  - 3.5 Assessing Client Needs for Customized Solutions
  - 3.6 Developing a Risk Management Plan for Treatments
- **4 Infection Control Standards and Practices** — 6 classes
  - 4.1 Understanding Infection Control Principles
  - 4.2 Identifying Common Pathogens in Salon Settings
  - 4.3 Implementing Hygiene Protocols for Nail Professionals
  - 4.4 Assessing Risk Factors in Infection Transmission
  - 4.5 Applying Safe Disinfection and Sterilization Techniques
  - 4.6 Developing an Infection Control Plan
- **5 Advanced Pathogen Management in Nail Services** — 6 classes
  - 5.1 Understanding Microorganisms: The Basics of Pathogens in Nail Services
  - 5.2 Identifying Common Infections: Signs and Prevention in Nail Treatments
  - 5.3 Assessing Client Health: Conducting Effective Nail Health Evaluations
  - 5.4 Implementing Hygiene Protocols: Establishing a Sanitized Nail Environment
  - 5.5 Utilizing Personal Protective Equipment: Best Practices for Nail Technicians
  - 5.6 Responding to Infections: Handling Contaminated Tools and Areas in Nail Services
- **1 Understanding Nail Anatomy and Physiology** — 5 classes
  - 1.1 Exploring Nail Structure and Function
  - 1.2 Identifying Major Components of the Nail Unit
  - 1.3 Understanding Nail Growth and Regeneration
  - 1.4 Recognizing Common Nail Disorders
  - 1.5 Preventing and Managing Nail Diseases
- **2 Common Nail Disorders and Their Causes** — 5 classes
  - 2.1 Identifying Common Nail Disorders
  - 2.2 Understanding the Causes of Nail Disorders
  - 2.3 Recognizing Symptoms of Nail Diseases
  - 2.4 Differentiating Between Nail Disorders and Diseases
  - 2.5 Applying Knowledge to Real-world Scenarios
- **3 Identification and Management of Nail Diseases** — 5 classes
  - 3.1 Understanding Nail Anatomy and Its Role in Disease Identification
  - 3.2 Recognizing Common Nail Disorders and Their Symptoms
  - 3.3 Differentiating Between Nail Infections and Structural Abnormalities
  - 3.4 Exploring Diagnostic Techniques for Nail Diseases
  - 3.5 Implementing Management Strategies for Nail Health
- **4 Preventative Care and Professional Ethics in Nail Technology** — 5 classes
  - 4.1 Understanding Common Nail Disorders
  - 4.2 Identifying Causes and Symptoms of Nail Diseases
  - 4.3 Implementing Preventative Measures in Nail Care
  - 4.4 Practicing Hygienic Techniques in Nail Technology
  - 4.5 Applying Professional Ethics in Nail Services
- **10 Nail Chemistry and Safe Product Handling** — 10 classes
  - 10.1 Main Chemicals Used in Nail Services
  - 10.2 Monomer Liquid and Polymer Powder Chemistry
  - 10.3 Light Cured Gel and Photo-Initiator Basics
  - 10.4 Cyanoacrylate Adhesives and Their Risks
  - 10.5 Acids, Primers and Dehydrators
  - 10.6 Reading Product Safety Data Sheets
  - 10.7 Safe Dispensing, Decanting and Labelling
  - 10.8 Storing Flammable and Reactive Products
  - 10.9 Spill Response and First Aid
  - 10.10 Chemical Handling Practical Check
- **11 Dust, Fumes and Ventilation Control** — 10 classes
  - 11.1 Sources of Dust and Fumes in Nail Work
  - 11.2 Short and Long Term Respiratory Effects
  - 11.3 Extraction Systems and Table Filters
  - 11.4 Room Ventilation and Airflow Planning
  - 11.5 Masks and Respirator Selection
  - 11.6 Eye and Hand Protection for Technicians
  - 11.7 Cleaning Methods That Reduce Dust
  - 11.8 Monitoring Exposure Over Time
  - 11.9 Pregnancy and Special Worker Precautions
  - 11.10 Air Quality Review Practical
- **12 Allergic Reactions and Product Sensitivity** — 10 classes
  - 12.1 How Skin Allergies Develop
  - 12.2 Allergic Contact Dermatitis From Gel Products
  - 12.3 Acrylate Sensitisation and Prevention
  - 12.4 Avoiding Skin Contact With Uncured Product
  - 12.5 Spotting Early Signs in Clients
  - 12.6 Spotting Early Signs in Technicians
  - 12.7 Dangerous Ingredients to Avoid
  - 12.8 Client Questions That Identify Risk
  - 12.9 Stopping a Service and Advising Referral
  - 12.10 Allergy Case Study Review
- **13 Foot Health, Diabetes and Circulation Risks** — 10 classes
  - 13.1 Anatomy of the Foot Relevant to Pedicure
  - 13.2 Common Foot Conditions and Infections
  - 13.3 Verrucas, Fungal Infections and Referral
  - 13.4 Diabetes and Reduced Sensation Risks
  - 13.5 Circulation Problems and Contra-Actions
  - 13.6 Cuts, Blisters and Open Skin on Feet
  - 13.7 Safe Callus Reduction Limits
  - 13.8 Footbath Cleaning and Disinfection
  - 13.9 Advising Clients on Foot Care at Home
  - 13.10 Foot Health Risk Assessment Practical
- **14 Disinfection and Sterilisation of Nail Tools** — 10 classes
  - 14.1 Cleaning Versus Disinfecting Versus Sterilising
  - 14.2 Single Use Items and Safe Disposal
  - 14.3 Disinfectant Types and Contact Times
  - 14.4 Autoclave and Dry Heat Sterilisation Basics
  - 14.5 Sterilising Metal Implements Between Clients
  - 14.6 Cleaning Drill Bits and E-File Heads
  - 14.7 Handling Porous and Non-Porous Items
  - 14.8 Pedicure Equipment Sanitising Routine
  - 14.9 Tool Storage and Sealed Pouches
  - 14.10 Tool Hygiene Practical Assessment
- **15 Nail Removal, Damage and Restoring Natural Nails** — 10 classes
  - 15.1 Signs of Nail Damage From Enhancements
  - 15.2 Safe Soak-Off Removal of Gel
  - 15.3 Removing Acrylic Without Harming the Nail Plate
  - 15.4 Safe E-File Removal Limits

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UKPRN 10067351 • Company 4984798
Curriculum current at the date of issue.